

Community News

November

2018

Term 4 Week 3

Upcoming Dates:

Date	Item
8.11.2018	Halloween Disco
9.11.2018	GALA Day
12.11.2018- 15.11.2018	Life Education Van
15.11.2018	Year 6 Excursion – Sydney University
15.11.2018	Kindergarten Orientation
16.11.2018	Kindergarten Transition
22.11.2018	Kindergarten Orientation
23.11.2018	Kindergarten Transition
24.11.2018	Family Portrait Day
28.11.2018	Concert Dress Rehearsal
29.11.2018	Concert Night Performance
29.11.2018	Kindergarten Orientation
30.11.2018	Kindergarten Transition
6.12.2018	Kindergarten Orientation
7.12.2018	Kindergarten Transition
11.12.2018	Year 6 Farewell
13.12.2018	Presentation Day
19.12.2018	Last Day of Term

Principal Report



What an exciting start we have had to Term 4. The students have been engaged in a variety of learning and extracurricular opportunities. All classes are busy preparing their item for the school performance and are looking forward to showcasing their talents at the school concert later in the term. There are lots of opportunities planned for the students during this term. Thank you to all the teachers and staff at Lansvale East PS for their dedication and commitment to our school by ensuring our students are provided with such valuable opportunities.

In Week One, I visited Z Powerful during a mathematics lesson. The students were learning about heavy and light objects. They were comparing the mass of two objects and identifying which object was the heaviest. The students did a great job!



Attendance Matters



Attending school every day makes learning easier for a child and helps them to build and maintain friendships with other children. If your child doesn't learn the basic skills in the early years of school, they may develop learning problems in later years as key foundation knowledge is missed. This is especially critical in mathematics and literacy. During Term 4, students are working on both learning new skills and revising others to ensure they are ready for their next stage of learning in 2019!

Nutrition Tips



Students should eat a variety of foods every day in order to be healthy and perform well at school. Ideal school lunches should include at least one item from each food group and water.

Pick and mix one tasty option from each of the five core food groups to create a healthy lunchbox every day:

1. **Fruit** (e.g. fresh, frozen, pureed and canned in natural juice)
2. **Vegetables, legumes and beans**
3. **Milk, yoghurt, cheese and alternatives**
4. **Lean meats and poultry, fish, eggs, tofu, nuts and seeds, and legumes/beans**
5. **Grain (cereal) foods**
6. **Plain water**

Learner Qualities in the Classroom



During 2018 we are embedding our new 3R core values (Respectful, Responsible and Resilient) and our 5 learner qualities (Optimistic, Brave, Curious, Reflective and Collaborative). We would like to share what being resilient means to the students.

Resilience – When things go wrong, resilience is what helps students to cope and get through hard times, sometimes it makes you even stronger. Things we can do to help build our resilience include, talking to someone, thinking positive thoughts, always trying our best, learning from our mistakes, asking for help when we need it, working towards our goals, improving our problem solving skills and looking for the positive things in situations.

Assembly

In Week 10 last term our school leaders ran another great assembly. Congratulations to all the students who received a class award, principal award or creative arts award. I also had the privilege of presenting a silver medal to Rami Jarboue. All these awards recognise our students for their hard work and application to their learning. During the assembly 3/4 Respectful entertained us with a musical item, where they performed using a variety of instruments. They showed great skill. Well done 3/4 Respectful!





**Principal Award
Silver Medal**

Staffing News

Due to an increase in student numbers, the executive allocation at Lansvale East PS has increased for 2019. It is with delight that I can announce that Mrs Natalie Grego-Knust was the successful applicant for the Assistant Principal position which will commence in 2019. Mrs Grego-Knust brings a range of leadership and curriculum experience to the leadership team at Lansvale East PS.

Carpark Renovations



Our carpark renovations are nearing completion. The weather has held up a number of items that will be completed during the term. The teacher carpark and student taxi drop off area are now open. Can I please ask that no parents or visitors enter the Riverside carpark in person or in vehicles. Entry is only through the pedestrian gate. This ensures all students and visitors are kept safe. Thank you for your cooperation.



Term 4 Activities

There are many activities happening during Term 4. These are outlined in the calendar at the top of this newsletter. Notes will go home to inform you of the details around these events. Spare notes are also kept in the office foyer. If you have any questions regarding these activities, please see your child's class teacher or come to the office. Our aim is to ensure maximum student and community participation!

Lansvale East P&C Facebook Page

The Lansvale East P&C have created a Facebook page for our community. This page will provide current information relating to the P&C including updates on activities, events and fundraisers. Please join to get regular updates and information about how to become involved. To do this, search for Lansvale East P&C in the search engine of Facebook and click to join the group!



Lansvale East Website and Facebook Page



The Lansvale East Public School website is currently being updated. Our website will include current school information, including the newsletters, photos and class information. Online payment options for excursions and other items are also available! You can access the website by following the link:

<https://lansvalee-p.schools.nsw.gov.au>

We also have a Facebook page which provides information and photos relating to school events and activities. To join, search for Lansvale East Public School in the search engine of Facebook and click to join the group! We look forward to having you as part of the Facebook community!

2019 Kindergarten



Orientation and transition sessions are fast approaching for students starting Kindergarten in 2019. If you have a child who is starting school next year and has not yet enrolled, please come to the office and collect the enrolment papers and important information. Additionally, if you have family or friends who may have a child starting Kindergarten at Lansvale East PS, please let them know to enrol at the office.

Basketball Competition

Our basketball stars are ready to shine! Starting from Week 2 Lansvale East PS will be holding its first basketball competition that is open for any interested players. This friendly competition encourages teamwork, communication and staying active as students work in groups of 3. We have 6 boy teams and 4 girl teams who are ready to test their skills and compete against each other. Each student in the winning team will receive a \$5 canteen voucher. All the best in the coming weeks! Thank you to Mr Foo for giving up his lunchtime to organise this event.



School Concert

Save the date for our upcoming school concert 'Around the World' with LEPS

Date: 29 November, 2018

Where: Lansvale Public School

Tickets: Available soon



School Camp

This week 31 of our Stage 2 and 3 students attended a 3-day camp at the 'Great Aussie Bush Camp' – Tea Gardens. The students had a fabulous time with their peers and teachers. They were provided with the opportunity to participate in a range of activities. These included orienteering, low ropes, bushwalking, flying fox, indoor rock climbing, archery and a giant swing. A big thank you to Mrs Gibson who organised and attended this fabulous opportunity for the students. A significant amount of preparation goes into these events to ensure they run smoothly and the students are provided with the best opportunities possible. A big thank you also goes to Mr Yong, Miss Pham and Miss Sarah for giving up their time to attend the camp, ensuring our students had the best care and were comfortable during their time away from home.

Have a fabulous next three weeks!

Nicole Cameron

R/Principal

Camp Time!

