

# LEPS News

BE RESPONSIBLE BE RESPECTFUL BE RESILIENT



Term 4 Week 10 2020

## Calendar – Term 4

Wed 16 Dec	Term 4 ends.
Fri 29 Jan	Term 1 begins Yr1-6
Wed 3 Feb	Welcome Kindergarten 2021

## From the Principal's Desk

*Ms Ortega Kardasis*

Dear Parents and Carers,

I would like to take this opportunity to congratulate everyone on an incredibly interesting, challenging and rewarding year. We got through it and we all did an amazing job. Your support for our school, students and staff has been greatly valued in keeping everyone safe. I would like to wish every family a joyous break, a Merry Christmas and a safe holiday.



We wish our year 6 students all the success for High School and their future. They looked amazing at their

### Staffing

We want to wish the following teachers the very best in their careers as they move onto other positions with the Department of Education and take some time out with family; Mr Becvarovski, Mrs Grinham and Mrs Houghton.

### 2021

Please don't forget that students in Year 1 – 6 and the Support Unit start school in 2021 on Friday 29 January. Kindergarten have their Best Start Assessments first and officially start school on Wednesday 3 February.

The staff have two Staff Development Days to start the year: Wednesday 27 and Thursday 28 January 2021.

All the staff at Lansvale East Public School wish you a wonderful holiday season. It truly has been an incredible year. Thank you for all your wonderful support.



## CAPTAIN'S REPORT



This is our final report as school captains for 2020! The last few weeks has been non-stop with presentation day ceremonies, the Water fun day, 2021 Leadership speeches and the Year 6 farewell dinner.

Firstly, congratulations to all the winners from the K-2 and 3-6 presentation day assemblies. It is a wonderful achievement to be recognised for your efforts in class.

Thank you to all the teachers that organised the water fun day for the students! As you can see, we all had an amazing time and some students even managed to get some teachers too!

Congratulations to Esther Curudali and Max Silva on becoming school captains of Lansvale East Public School for 2021. We know that you will both be great school captains and support Ms Ortega and all teachers in the New Year.

Lastly, thank you to Mr Becvarovski and all the teachers in organising the Year 6 farewell dinner. We all had a magnificent evening and one that we will never forget.

Signing off for the very last time,

Deniliquin and Phoenix – 2020 School Captains

## Presentation Days

Last week we celebrated our Presentation Days. Congratulations to all the students who received an award on the day. As part of the celebration, a variety of classes performed their Footsteps dance routines, which they rehearsed throughout the term. They were amazing!



# *Final Messages from Classes for 2020*

## 2-6P

Students of 2-6 P are working independently and in groups to learn various innovative skills and concepts in different key learning areas. Keep up the great work 2-6 P.



## 2R

This term in science, we have been learning about our natural resources and how to effectively use them. Students created a poster to express the importance of saving water in our everyday life and globally. 2R worked collaboratively to research and plan their poster and all students did a fantastic job!

2R would like to wish every family a happy and safe Christmas and we will see you all back in 2021 for another great year of learning.



## 3/4D

3/4D had a great year full of excitement and fun! We have participated in integration this Semester with 2-6P and playing together so we can build our social skills with other classes.

In Week 7 we completed our artworks of the Great Barrier Reef ready for the art show placed on the fences of Hollywood Drive. During this time we learnt about the Great Barrier Reef and the importance of it to Australia as one of its natural landmarks.





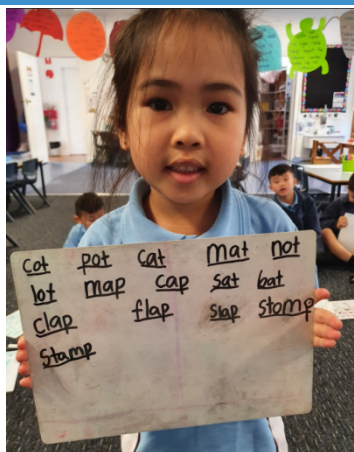


## 1K

It has been an exciting year for 1K in 2020. Although we have faced many challenges throughout this year, we have had some fantastic fun and made lots of special memories. I would like to take this opportunity to thank all of the parents of 1K students for being a great support in a challenging year. I wish everyone a happy and safe holiday and can't wait to see what the students of 1K achieve in year 2! Here are a few snaps of us getting ready for the Week 8 Art Show.



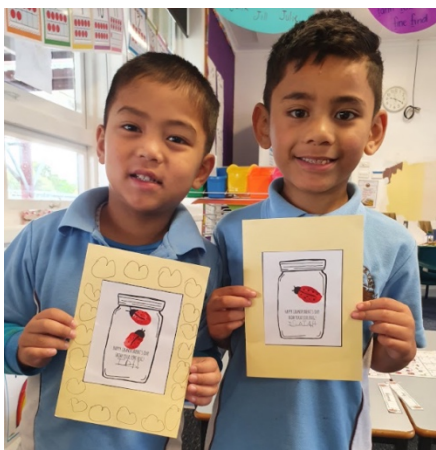




### What a term!

We have been practising our reading and focussing on retelling stories in the right sequence. We have been looking at numbers and working on our addition and subtraction strategies. We have focussed on the weather and looked at places that are special to us. Overall, it has been a super busy term, one of the biggest highlights is performing our dance routine for the Years 3-6 Presentation Day assembly.

We have all grown and have developed so much in our learning this year! Can't wait to see what we can do next year in Year 1!



## 5/6B 2020

It has a jam packed year to say the least! From COVID, to learning from home and then coming back, it will sure be a year that we will never forget.

On the bright side, even with all the interruptions over the last 12 months, students in 5/6B have had a blast! It has been wonderful being able to work with an amazing group of students and see them all progress over the year.

To the 2021 Year 6 group – good luck and all the very best in your final year in primary school. To the future Year 7's, I wish you all the very best in High School and all of your future endeavours.

Lastly, to the parents/carers, a big thank you! Your support throughout the year has been outstanding. I support your children's learning and education.

All the very best for 2021.

Mr Becvarovski

### K-3T

What a year it's been! K-3T have worked really hard all year and have had a lot of fun in the process. They have grown in confidence when learning to greet each other during morning circle each morning. K-3T are curious learners and have thoroughly enjoyed studying living creatures they come across on a daily basis within the school environment. It has been a pleasure watching them flourish.





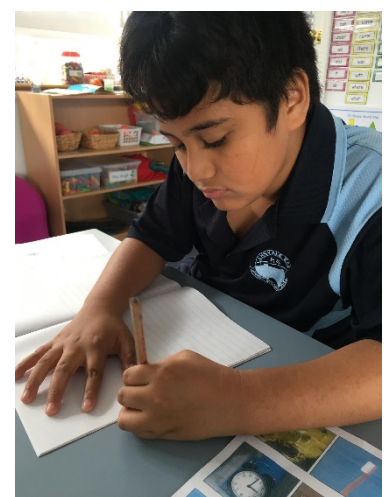
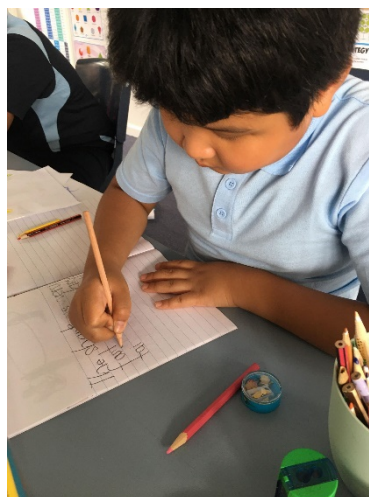
## K-3N

As we come to the end of this academic year, it is with great pride that I can look back at the many achievements made by K-3N. They have displayed resilience when tackling a particularly tricky problem whether it is in class or a problem in the playground. They have demonstrated respect towards both the teachers and their peers, while also being responsible class members. These have all strengthen their character and their ability to make the most of every aspect of school life. Wishing all parents and carers have a safe and peaceful break.



## 2-6A

This term has been wonderful for 2-6A to develop and keep practicing their writing skills. We have explored a sound a week working on writing our letter sound focus words independently. As a class we have been able to brainstorm words containing our sound of choice and engage in the Soundwaves interactive program online to support our learning and develop our writing further. Well Done 2-6A and keep up the great work.





# 4/5D's End of Year Update

4/5D have had a very eventful year! We have learnt so much and participated in so many different things. We have loved learning new skills in gymnastics as well as learning new dances to perform at presentation day. 4/5D had the opportunity to get fit outside and participate in our inflatable fun day and water fun. We really enjoyed chasing Miss Droulias with water. During writing we put our inspector hats on and wrote our own mystery stories. We also learnt about recipes and decorated our own biscuits. We have had such a great year and cannot wait to see what 2021 has in store for us!



## K-3 S

It has been a very busy term for K-3S. The students have continued to work hard and now Term 4 is almost coming to an end. The students have enjoyed engaging in Zones of Regulation program to identify emotions and individualised strategies for each zone. The students have worked really hard to implement strategies to support themselves to self-regulate when they are in a zone. It has been a pleasure to see the amazing progress students have made in 2020. We would like to wish everyone a safe and happy holiday.



Please view our art show video. Click on the link <https://fb.watch/2hbH8EKQEp/>

# Wellbeing

As holidays are around the corner, it is important to think about our wellbeing. The implementation of '5 ways to wellbeing' will give you ideas on how to boost mental health and wellbeing.

## 5 Ways of Wellbeing

<b>Connect</b>	<b>You can spend time with your family and friends by seeing each other in person or use technology to connect.</b>
<b>Give</b>	<b>You can do something kind for a friend, thank someone, smile or say hello. This can give you a sense of purpose and belonging.</b>
<b>Keep Learning</b>	<b>You can try to learn something new to give you a sense of achievement and build your confidence.</b>
<b>Be Active</b>	<b>Keep your mind and body active. You can do yoga, go for a walk, run or swim.</b>
<b>Take Notice</b>	<b>Be aware of the 'here and now'. This can help you feel calm and reduce stress.</b>

Can you think of an activity for each aspect to do during the holidays?

## Year 6 Farewell Dinner

On Friday 11 December, Year 6 students celebrated the end of their primary schooling by having their farewell dinner and graduation ceremony. It was a wonderful evening where students from Year 5 and teachers danced away throughout the evening. Families also had the opportunity to say farewell the Year 6 class of 2020 via ZOOM.

A big thank you to Phoenix Solomona and Deniliquin Palelei for your hard work and dedication to your roles as school captains during this difficult year.

Also, thank you to Miss Droulias and Mr Diep for your support in making the farewell dinner a special night by contributing to the organisation for the event.

Mr Becvarovski





*The staff of LEPS wish all our families a Merry Christmas and a Happy New Year. Enjoy this special time with your children.*



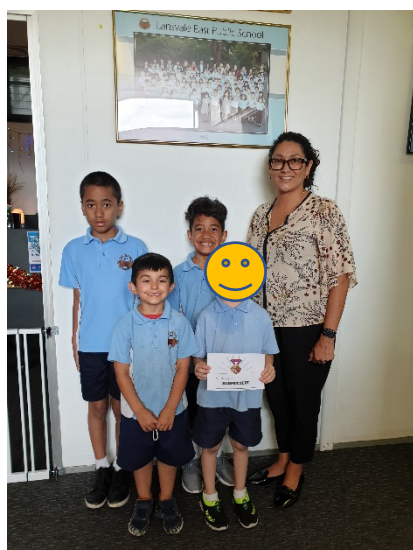
# PBL NEWS



## Gotcha Certificate Presentation – Week 10



Congratulations to our Week 10 Gotcha winners.



Week 9's Focus:

**Being organised in the classroom and at home**

Understanding and demonstrating why we need to be organised at school and at home.

Week 10's Focus:

**Using good manners in all settings**

Understanding and demonstrating how to speak politely, using appropriate language such as please and thank you.



# 101 SUMMER FUN IDEAS

*that kids can do at home*

1. Hunt for bugs.
2. Use water to "paint" the house, sidewalk, patio, etc.
3. Set up a backyard obstacle course and time each other.
4. Leave notes for neighbors in chalk one the sidewalk.
5. Make a ring toss game out of paper plates.\*
6. Make cookies using an illustrated recipe.\*
7. Make fidget spinners out of legos.\*
8. Learn to play the dice game.\*
9. Play balloon ball: hit balloons back and forth with hands or rackets
10. Hide "treasure" and then make clues for someone to find it
11. Make marshmallow catapults.\*
12. Use a long piece of aluminum foil to make a river.
13. Wash dishes + play with water in the sink or tub.
14. Dump out all your crayons and sort them by color.
15. Make tissue paper art.\*
16. Use a piece of cardboard to make a ramp to race cars down.
17. Use masking tape to create roads on the floor.
18. Tape crepe paper across a hallway to create a "laser maze".\*
19. Make boats from pieces of pool noodle and pencils.\*
20. Take turns telling a silly story, each person adding a sentence.
21. Water all the plants. Ask permission to water neighbor's plants.
22. Decorate a cardboard box to look like a car. Go for a drive.
23. Build a tent with blankets.
24. Set up an actual tent inside and have a sleepover w/toys.
25. Fill the bucket relay race.\*
26. Invite neighborhood kids over for a bike rodeo.
27. Spread butcher paper out and draw a city.
28. Glue cardboard boxes together to make buildings. Paint them.
29. Make lightsabers.\*
30. Color overlapping circle drawings.\*
31. Attach ribbons to a stick and the dance with it.
32. Thread macaroni on yarn to make a necklace. Paint it.
33. Use toothpicks and mini marshmallows to build skyscrapers.
34. Draw chalk outlines of each other, then color them in.
35. Hunt for smooth rocks and then paint them.
36. Go on a color photo scavenger hunt: try to take pictures of something that is every color of the rainbow.
37. Paint with homemade finger paint.\*
38. Use a balloon and a straw to make balloon rockets.\*
39. Find somewhere comfy and listen to an audiobook.
40. Search online for dot-to-dots and print them out to finish.
41. Learn how to fold paper airplanes.\*
42. Learn how to fold origami jumping frogs.\*
43. Learn how to fold newspaper hats.\*
44. Decorate dollar store t-shirts with puffy paint.
45. Make your own kite and try to fly it.\*
46. Have a playdough creating contest.
47. Make puppets out of brown paper bags.
48. Learn to make flowers out of tissue paper.\*
49. Collect leaves to make rubbings.\*
50. Play two square or four square. Draw squares w/chalk.
51. Write a letter or email.
52. Listen to songs from your favorite movie and sing along.
53. Make ice cream in a bag.\*
54. Put hula hoops out in the yard and play frisbee golf.
55. Make a toy car wash with a little water in a bin and wash your toys.
56. See how high you can stack plastic cups.
57. Make a lego maze pinball game.\*
58. Glue seashells on a dollar store photo frame to decorate it.
59. Make homemade moon sand and play with it.\*
60. Make tin can stilts.\*
61. Set up indoor bowling with water bottles and a ball.
62. Cut up small pieces of colored paper and make a design with them.
63. Make a God's-eye with sticks and yarn.\*
64. Make fingerprint drawings.\*
65. Have a lego building contest.
66. Have an A-Z scavenger hunt (find things that start with each letter).
67. Practice making shadow puppets.\*
68. Draw a giant hopscotch on the driveway with chalk.
69. Create your own summer Olympics games.
70. Make your own bubble solution for giant bubbles.\*
71. Use washable paint to paint each others' faces.
72. Play Bingo (get printable cards online).\*
73. Play Charades.
74. Try out some yoga for kids videos.\*
75. Take a family nap. Get pillows and snuggle and listen to music.
76. Work on a puzzle (or get out two easy puzzles and race to finish).
77. Have a picnic in the backyard.
78. Try out some easy science experiments.\*
79. Jump rope. Look up some jump rope rhymes online.\*
80. Skype or FaceTime with grandparents or cousins.
81. Collect moss, bark and leaves to make a fairy house.\*
82. Write and illustrate a comic book.
83. Play toilet tag or TV tag.
84. Set up a mini golf course in the house.\*
85. Make a bird feeder.\*
86. Make your own drumset and kazoo and start a band.\*
87. Look up riddles online and see if you can stump each other.\*
88. Watch family movies.
89. Look at scrapbooks (or check out your parents old yearbooks).
90. Read! Find book recommendations for your age online.\*
91. Play dress up. Visit Mom + Dad's closets.
92. Wash the car.
93. Collect leaves
94. Learn finger knitting.\*
95. Use straws and a cardboard lid to make a marble maze.\*
96. Design with Perler beads (melty beads). Find templates online.\*
97. Color or paint paper doilies from the dollar store.
98. Collect sticks and leaves and use them as a paintbrush.
99. Play Duck Duck Goose.
100. Draw a target on the driveway and toss balls/sponges at it.
101. Make and play with Oobleck.\*

**\*VISIT [ITSALWAYSAUTUMN.COM/SUMMERFUN](https://www.itsalwaysautumn.com/summerfun) FOR MORE INFO**





## Open Libraries

Fairfield City Open Libraries is pleased to move to a stage where library customers are once again able to enter our library branches to experience and use our well-loved facilities.

Council's top priority is the health and wellbeing of its residents and will reopen our library services in stages to ensure customer safety during the COVID-19 pandemic. We will be following required social distancing restrictions and implementing measures to ensure everyone has an opportunity to use the facilities. For our [latest updates and opening hours click here](#). You can [find out more about how Fairfield City is handling COVID-19 here](#).

Our library staff is also available over the phone on 9725 0333 to answer all your questions and provide support.

Click the link to view the library page <https://www.fairfieldcity.nsw.gov.au/Services/Open-Libraries>

## Community Services Guide

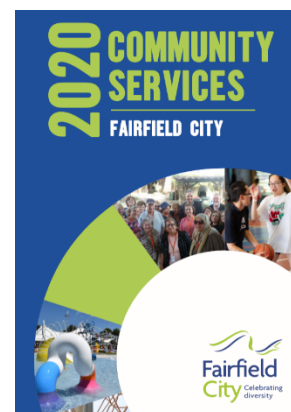
Can't find the community services you are looking for?

Beyond Council, there are a lot of other organisations which offer community services to local residents. To help you find these services we have compiled a **Community Services guide**.

The guide covers a wide range of community services from disability support to legal services to settlement services and much more.

[Download the  
2020 Community  
Services Guide\(PDF, 2MB\)](#)

If you would like a printed copy, please email [scd@fairfieldcity.nsw.gov.au](mailto:scd@fairfieldcity.nsw.gov.au) with your details



Talk Less Listen More

**ONLINE BEHAVIOUR MANAGEMENT COURSE**

*If you're a parent who's reaching the end of your rope with your child's meltdowns and difficult behaviour, I have good news for you. You're not alone and I can help you inch back down that rope, starting now!*

Talk Less Listen More™ program is the Australian version of the highly respected and recommended '123 Magic' co-authored by US Based Clinical Psychologist Thomas Phelan and Parentshop founder Michael Hawton, an Australian psychologist and parenting expert.

Click the link to find out more about this great online course for parents.

<https://www.parentshop.com.au/online-parenting-course/>



Education

Tel: 9728 1278 Fax: 9728 2339 Email: [lansvalee-p.school@det.nsw.edu.au](mailto:lansvalee-p.school@det.nsw.edu.au)

## TAFE NSW: MATURE AGE WORKERS

### Are you 35 or older, looking for work and wanting to retrain or upgrade your skills?

Studying at TAFE NSW can help you get back into the workforce or stay ahead of evolving skill needs.

You may be eligible for a fee-free<sup>^</sup> place in a Smart and Skilled Certificate II, Certificate III or Certificate IV qualification.

As well as fee-free<sup>^</sup> training, TAFE NSW can provide career advice and a learning plan that takes into account your skills, experience and support needs.

**Enquire Now** <https://www.tafensw.edu.au/enrol/payment-funding/scholarships/mature-age-workers>

### What to do next

[Check your eligibility](#)

Get your Job Active ID\*

[Explore our courses](#)

For more information [contact us](#) or call the TAFE NSW Contact Centre on [13 16 01](tel:131601).

<sup>^</sup>Eligibility criteria apply

\*You can register with a [Job Active provider](#) even if you're not receiving Centrelink benefits. Find out more [here](#).

## Support Services:

Please encourage anyone who may be at risk or experiencing emotional distress, including worried family and friends, to contact one of the following services:

Kids Helpline. 1800 55 1800. Phone support is there all day, every day. Online support is open from 8am-midnight every day (AEST). <https://www.suicidecallbackservice.org.au/>

Suicide Callback Service. 1300 659 467. Phone support all day, every day, and follow-up calls. <https://www.suicidecallbackservice.org.au/>

eHeadspace. 1800 650 890. Open 9am-1am daily (AEST). <https://headspace.org.au/eheadspace/>

Lifeline. 13 11 14. Phone support all day, every day. Online support 7pm-4am daily (AEST). <https://www.lifeline.org.au/>

Beyondblue. 1300 22 4636. Phone support all day, every day. Online support 3pm-midnight every day. <https://www.beyondblue.org.au/>

The key resources listed below provide additional support in relation to suicide prevention and mental health:

Life in Mind <https://lifeinmind.org.au/> Supports messaging around suicide prevention.

Head to Health <https://headtohealth.gov.au/> Provides digital mental health resources and services.

**If a life is in danger call Triple Zero (000) immediately.**

## Do you need help finding help in Fairfield?

A community care worker has joined Our Lady of the Rosary Parish, Fairfield for help and referrals to services concerned with relationships, parenting, ageing, disability, addiction and mental health.



Proudly co-funded by the  
NSW Government



Call for a free consultation

**131819**

**CatholicCare.org**

✉ connect@catholiccare.org

🕒 8am – 6pm Monday – Friday



## Meet with the community care worker at Our Lady of the Rosary Parish, Fairfield

When times are tough it can be difficult to know where to turn. For help and referral to a wide range of services call **13 18 19**.

COC-017







If you are looking for vacation care during the upcoming holidays try Fairfield City Council Out of School Hours and Vacation Care at Fairfield West Public School. Call: 97290670



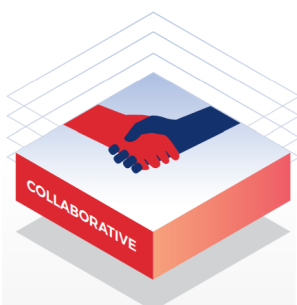
A big Thank you to Eat Up for supplying sandwiches and other goodies this year to help out our students. We appreciate everything you have done for LEPS this year.

An advertisement for 'Eat Up.' featuring a purple background. At the top left is the 'Eat Up.' logo. Navigation links at the top include 'Home', 'Donate', 'Give us a hand', 'School sign up', and 'Let's talk'. A thought bubble on the right says 'Donate'. The main text asks 'So... what do you do?' followed by 'We feed hungry kids.' in large white letters. Below this, a paragraph describes the organization's work: 'With the generous help and lunch-making skills of a dedicated army of volunteers, Eat Up makes and deliver thousands of lunches a month to schools around Australia. In fact, since 2013, we've delivered over 850,000 lunches. Which is over 850,000 afternoons of learning salvaged from the grips of hunger. And we'll keep going until all of Australia's hungry school kids are fed.' To the right of the text are two overlapping Polaroid-style photographs showing volunteers preparing food in a kitchen setting.



# School Community Charter

 **Collaborative. Respectful. Communication.**



We work in partnership to promote student learning.



We treat each other with respect and fairness.



We communicate in a positive and constructive manner.



## Respectful communication is a right

In all workplaces people have the right to feel safe and respected. Unacceptable and offensive behaviour has no place in our school communities.

### Unacceptable behaviour:

- Aggressive or intimidating actions, such as violence, threatening gestures or physical proximity.
- Aggressive or intimidating language, including the use of obscenities, making sexist, racist or derogatory comments or using a rude tone.
- Treating members of the school community differently due to aspects such as their religion or disability.
- Inappropriate and time wasting communication.

**We all play a part**



**School Community Charter**

[education.nsw.gov.au](http://education.nsw.gov.au)



**Education**

Tel: 9728 1278 Fax: 9728 2339 Email: [lansvalee-p.school@det.nsw.edu.au](mailto:lansvalee-p.school@det.nsw.edu.au)