

LEPS News

BE RESPONSIBLE BE RESPECTFUL BE RESILIENT



Term 4 Week 8 2020

Calendar – Term 4

Mon 30 Nov- Mon 14 Dec	Art Show on Hollywood Dr fence.
Th 3 Dec	Leadership speeches
Fri 4- Sun 6 Dec	National Cherry Festival
Tues 8 Dec	Presentation Day K-2
Wed 9 Dec	Inflatable Fun Day
Th 10 Dec	Presentation Day 3-6
Fri 11 Dec	Yr 6 Farewell
Mon 14 Dec	Reports go home
Wed 16 Dec	Term 4 ends. Last day of school.
Fri 29 Jan	Term 1 begins Yr1-6



From the Principal's Desk

Ms Ortega Kardasis

Dear Parents and Carers,

It is wonderful week 8 where we celebrate our wellbeing and make certain all staff take time out and reflect on finding a balance between work, home, family commitments and self. All staff have to be off the school grounds by 4pm and no meetings are held before or after school to help one another and check in - R U OK? I thank all the staff for their amazing work and dedication they place to their classes and jobs each day.

Swimming lessons for 2021 Term 1 are full. There are no more placements. Thank you to all the families that have paid.

Dance & Gymnastics

Please don't forget to pay for the dance and gymnastics lessons that was part of our school curriculum program for term 3 and 4. The total cost for both is \$40 per child. It is important that this is paid before the end of the year by all families. Please support us so that we are not utilising school funds that can go towards school resources.

DRINK BOTTLE

Please send your child to school with a drink bottle filled with water. They can refill at the water filling station in front of the computer room. We do not sell water at the office.



Education Tel: 9728 1278 Fax: 9728 2339 Email: lansvalee-p.school@det.nsw.edu.au

After school activities

Monday 14 and Tuesday 15 December the extra curricular activities will run after school to make up for the two previous sessions. Thank you to all the students that have participated and to our wonderful staff for volunteering their time to support our school community.

ART Work

Your child's art-work is on display on Hollywood drive. Please contribute with \$5 to purchase the art-work. All money going towards future art supplies.

Presentation day

This year presentation days have been split into two days. As no parents or carers are permitted on school grounds, we will be taking photos of each child that receives an award and we will be sending them home on a USB.

Voluntary Contributions

This year we have had a total of \$300 of voluntary contributions paid. The cost is.

\$30 per child

\$50 per family

These funds go towards sports equipment and technology. It would be wonderful to have more families pay the amount to support us in 2021.

Have a safe and happy weekend.

Meet Miss Phounsavanh



My name is Jenny Phounsavanh and I have been teaching for 6 years in various roles including classroom teacher, learning and support teacher and EALD (English as an Additional Language and/or Dialect). I will be K-3T's teacher for the remainder of this year and I am really looking forward to the opportunity and being able to positively impact student learning outcomes, as well as, student wellbeing. When I am not teaching, I enjoy travelling and spending time outdoors.



CAPTAIN'S REPORT

Hi everyone,

We can't believe that it is Week 8 with only two weeks to go until the school year is over. It has been a busy few weeks at LEPS with the following activities:

Healthy Harold paid a visit to the school where all classes participated in a variety of different learning activities. All the students told us they had a wonderful time.

All classes are continuing with their Footstep dance routines. It is fun to see the teachers participating in the dancing with their classes.

The 2021 leadership candidates have been busy trying to gather as many votes as possible in preparation for their speeches on Friday. They have helped us by running the Monday morning school assembly, putting up the flags every morning and supporting teachers where needed.

The students at LEPS have made their own artwork based on a famous landmark. The art work is hung along the fence on Hollywood Drive and we think they look amazing!

Year 6 students will have their Year 6 Farewell Dinner next week. We are very excited for this event and can't wait to enjoy the evening with our friends.

See you all for our final captain's report for 2020 in Week 10.

Deniliquin and Phoenix



Learning Support

5 Ways to Keep Kids Learning During the



by Melbourne Child Psychology & School Psychology Services,
Port Melbourne

The holidays are a time for rest, relaxation, family time and celebrations.

But learning doesn't have to stop when the school gates close...

You can help [foster a love of learning](#) in your children over the holidays.

And they won't even know it!

Below are some great school holiday activities that get kids engaged, curious and excited about learning...

Which will help them to embrace their education once their back at school, and the value of learning for the rest of their lives.

1. **Go to museums.**

It's an obvious choice for good reason:

Kids love the interactive, tactile and three-dimensional experience of [learning at museums](#).

'Museums offer a dynamic opportunity to expose children to experiences and explore new things in a rich and educational environment,' explains [Sara Choi](#), Education Program Manager of a Children's Museum.

'Through interactive exhibits and hands-on play, children have the ability to take ownership of their own learning and develop and explore their own curiosities. This unique exposure provides the foundation for creativity, critical thinking, and connection to the world around them.'

[A study from a few years ago](#) also testified to the educational and personal benefits of visiting museums.

It found that kids who did:

- demonstrated stronger critical thinking skills,
- displayed higher levels of social tolerance,
- exhibited greater historical empathy, and;
- developed a taste for art museums and cultural institutions.

And there's opportunities for engagement and learning for children of all ages.

Younger children can benefit from focused exhibitions that encourage experiential play and problem solving.

And older kids and teenagers can learn about art, history, culture, the environment, science and more outside of the school environment, and without the pressures of assessments.

This different experience of learning can foster more active engagement with topics and ideas that will then transfer into their curriculum at school...

And [active engagement](#) is a crucial element of successful learning.

Take your kids to museums and galleries of all types, and encourage questions and discussions that will ignite their curiosity.

It not only provides the perfect opportunity for family bonding.

It can also help to boost creativity, develop problem solving skills, support active inquisition and a love of learning.

2. **Take them to the supermarket.**

You read right!

A study into childhood learning — aptly named [The Supermarket Study](#) — involved placing signs with questions on items around the supermarket.

Questions like 'where does milk come from?' and 'what else comes from a cow?' were designed to encourage dialogue and evoke curiosity and inquisition from the children.

The results saw a one-third increase in conversations between parents and children — a pivotal form of informal education.

And while the study was conducted with children under 8, the inherent principles can be used with kids (and even adults!) of all ages.

The idea is to create opportunities for learning outside of the school setting and in the real world.

Think about how many interesting and potentially unanswered questions we can ask about the world on a daily basis:

What kind of trees line your street, how your groceries get from where they're grown to in your kitchen, or how the technology in your home was developed...

There's myriad opportunities for learning all around you.

By encouraging your kids to question the how and why of these mundane things, you're fostering a love of learning and a thirst for knowledge.

3. Let them be bored.

Yes, you read right again!

The holidays can often be a constant battle of finding new and interesting things to keep kids entertained.

But there's a lot to be said for leaving them to their own devices, and letting them just be.

'Children need time to themselves – to switch off from the bombardment of the outside world, to daydream, pursue their own thoughts and occupations, and discover personal interests and gifts', explains Teresa Belton.

Children of the digital age are used to having constant entertainment and instant gratification.

So removing these distractions allows some much-needed time for quiet reflection, a wandering mind, and developing creative strategies to keep them entertained.

The best type of boredom can be found in [the great outdoors](#), where they can investigate [the natural environment](#).

It also encouraged imaginative play, which helps kids to express their creativity.

Encourage your older kids and teenagers to go for walks, sit in the park, and experience the world through their own eyes — even for a few minutes a day — instead of through their phone screen.

4. Make reading part of the routine.

Regular routines go out the window when school stops...

But you can still keep a sense of routine, and important daily rituals, all through the holidays.

Reading is one of the best forms of learning for all kids (and that includes [reading to them](#)):

Younger kids develop language skills, improve literacy, and put their imagination to good use...

While for older kids, fiction books can further support their writing skills, and through non-fiction they can learn about topics that interest them that they may or may not study in the school environment.

Reading can also aid relaxation and reduce stress and anxiety, increase empathy, and promote good sleeping habits.

[A recent study](#) found that children who had access to books at home had significantly better reading skills than those who didn't.

So, consider giving your kids' books for Christmas!

They really are the gift that keeps on giving.

5. Discuss current events.

Dialogue, as evidenced in The Supermarket Study, is a powerful and often-overlooked opportunity for teaching and learning.

Discuss timely, relevant events from the media (or otherwise) with your children.

Of course, your discussions should be age appropriate...

But you will find that there are appropriate news-worthy topics to discuss with young children and older teenagers.

By encouraging them to be aware of issues in the world, to analyse and engage with them, and to consider events from various angles...

You're helping to develop their critical thinking skills, to problem solve, and become responsible, engaged and [empathetic](#).

And who knows, you might learn something from them too!

So, let your kids enjoy the holidays — but show them that learning can be one of the most fun holiday activities, too.

6

[illegible]

As we look back over the last two terms and reflect on where we started our community garden is really starting to come together. The plants have taken off and we can see our students' efforts coming to life. The students have worked hard over the two terms to set up the garden beds, fill them with soil and compost, plant the seeds and seedlings, transfer plants from other areas in the school to our community garden and then water and weed. Our strawberries, mint, rosemary, cherry tomatoes, carrots, corn and lettuce are all growing up quickly. Luckily, the garden survived the heat wave over the weekend and on Monday students gave our plants a big drink to help them recover. We also got to make a little salad with our school-grown lettuce and tomatoes. Hopefully we get to harvest some of the other vegies before school ends for the year.





Our Art Show is now up on the Hollywood Drive fence for you to view! The theme is “Famous Landmarks” and students have created some wonderful pieces to show. Unfortunately parents cannot come onto school grounds, so please view the artworks from the footpath.

Remember to purchase your child’s work for just \$5! Send money to the office in an envelope clearly labelled with your child’s Name and Class.

Money raised will be used to purchase resources for the students to use in classrooms. We are sure you will enjoy viewing the LEPS Art Show.

S.T.E.A.M Program (Science, Technology, Engineering, Art, Maths)

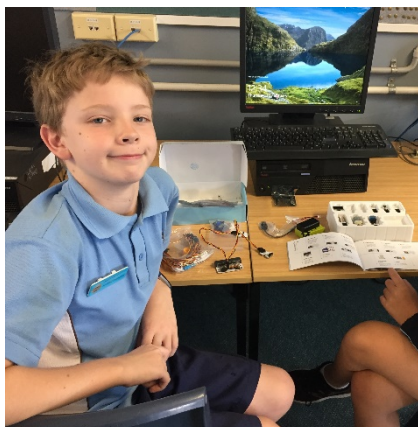
KC – Making a house for the 3 Little Pigs

Students in KC have been learning to design a house for the 3 little pigs. They have use Paint to create a digital house and now are building houses with recycled materials.



5/6B- Microbits

Students have been using Microbits to create an innovative designed space. They are using lights, sensors, fans and water pumps.



Healthy Harold

Last week, students from Lansvale East enjoyed a visit from Healthy Harold! Students took part in interactive lessons on healthy eating, active lifestyles, cyber safety and much more. All students had fun meeting Healthy Harold and joining in on the lessons. We can't wait to see Harold again next year!



Sports Coaching Clinic

On Friday 27th November, students from Lansvale East participated in a sports coaching clinic run by students from SEDA College. Students practiced their skills in rugby league, basketball and soccer through fun and interactive games. All activities focussed on the required skills for each sport such as kicking, passing and throwing and taught students the importance of working as a team!



PBL NEWS



PBL in the Classroom

As part of our PBL lesson series, 5/6B (with Ms Houghton) were learning about the importance of representing our school wearing the correct school uniform. Students discussed reasons why it was important to wear a uniform to school, and during school excursions. They came up with a range of responses including, looking presentable and taking pride in our school, respecting the school rules and values, and as a way to identify students when out of the school on excursions. As part of this lesson students designed their own school uniforms considering the appropriateness of different clothing and the message they wanted to convey to the public by wearing their uniform.

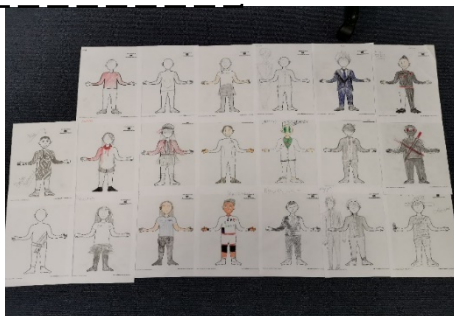
Kindergarten and Year 1 working together to share their thoughts on how we can be a good friend. We also created promise chains-we each wrote a promise of how we can be a good friend and joined them together. This symbolises that we are all working together to ensure we keep our promises to one another.



Gotcha Certificate Presentation – Week 8



Congratulations to our Week 8 Gotcha winners.



Week 7's Focus:

The Importance of representing our school

Understanding and demonstrating the importance of wearing our school uniform

Week 8's Focus:

Taking care of our property (both school and personal)

Understanding and demonstrating how to take care and share school equipment and taking care of personal property.

Wellbeing



The students at LEPS would like to thank Mrs Webster for efforts and dedication for implementing the whole school yoga program throughout the year. The yoga program has supported student's wellbeing, as it provides students with the learning opportunity to clear their mind and regulate their emotions. When students engage in meditation and breathing it helps them change their thoughts and calm their bodies so our students can connect, succeed and thrive. What activities do you do at home to support your wellbeing?

COVID-19 ADVICE FOR FAMILIES

I just want to confirm that any students who have been absent with flu like symptoms are required to have a COVID test and the results of the test need to be forwarded to the school before the student returns to school. Please see below link for policy confirmation.

<https://education.nsw.gov.au/covid-19/advice-for-families#School1>



101 SUMMER FUN IDEAS

that kids can do at home

1. Hunt for bugs.
2. Use water to "paint" the house, sidewalk, patio, etc.
3. Set up a backyard obstacle course and time each other.
4. Leave notes for neighbors in chalk one the sidewalk.
5. Make a ring toss game out of paper plates.*
6. Make cookies using an illustrated recipe.*
7. Make fidget spinners out of legos.*
8. Learn to play the dice game.*
9. Play balloon ball: hit balloons back and forth with hands or rackets
10. Hide "treasure" and then make clues for someone to find it
11. Make marshmallow catapults.*
12. Use a long piece of aluminum foil to make a river.
13. Wash dishes + play with water in the sink or tub.
14. Dump out all your crayons and sort them by color.
15. Make tissue paper art.*
16. Use a piece of cardboard to make a ramp to race cars down.
17. Use masking tape to create roads on the floor.
18. Tape crepe paper across a hallway to create a "laser maze".*
19. Make boats from pieces of pool noodle and pencils.*
20. Take turns telling a silly story, each person adding a sentence.
21. Water all the plants. Ask permission to water neighbor's plants.
22. Decorate a cardboard box to look like a car. Go for a drive.
23. Build a tent with blankets.
24. Set up an actual tent inside and have a sleepover w/toys.
25. Fill the bucket relay race.*
26. Invite neighborhood kids over for a bike rodeo.
27. Spread butcher paper out and draw a city.
28. Glue cardboard boxes together to make buildings. Paint them.
29. Make lightsabers.*
30. Color overlapping circle drawings.*
31. Attach ribbons to a stick and the dance with it.
32. Thread macaroni on yarn to make a necklace. Paint it.
33. Use toothpicks and mini marshmallows to build skyscrapers.
34. Draw chalk outlines of each other, then color them in.
35. Hunt for smooth rocks and then paint them.
36. Go on a color photo scavenger hunt: try to take pictures of something that is every color of the rainbow.
37. Paint with homemade finger paint.*
38. Use a balloon and a straw to make balloon rockets.*
39. Find somewhere comfy and listen to an audiobook.
40. Search online for dot-to-dots and print them out to finish.
41. Learn how to fold paper airplanes.*
42. Learn how to fold origami jumping frogs.*
43. Learn how to fold newspaper hats.*
44. Decorate dollar store t-shirts with puffy paint.
45. Make your own kite and try to fly it.*
46. Have a playdough creating contest.
47. Make puppets out of brown paper bags.
48. Learn to make flowers out of tissue paper.*
49. Collect leaves to make rubbings.*
50. Play two square or four square. Draw squares w/chalk.
51. Write a letter or email.
52. Listen to songs from your favorite movie and sing along.
53. Make ice cream in a bag.*
54. Put hula hoops out in the yard and play frisbee golf.
55. Make a toy car wash with a little water in a bin and wash your toys.
56. See how high you can stack plastic cups.
57. Make a lego maze pinball game.*
58. Glue seashells on a dollar store photo frame to decorate it.
59. Make homemade moon sand and play with it.*
60. Make tin can stilts.*
61. Set up indoor bowling with water bottles and a ball.
62. Cut up small pieces of colored paper and make a design with them.
63. Make a God's-eye with sticks and yarn.*
64. Make fingerprint drawings.*
65. Have a lego building contest.
66. Have an A-Z scavenger hunt (find things that start with each letter).
67. Practice making shadow puppets.*
68. Draw a giant hopscotch on the driveway with chalk.
69. Create your own summer Olympics games.
70. Make your own bubble solution for giant bubbles.*
71. Use washable paint to paint each others' faces.
72. Play Bingo (get printable cards online).*
73. Play Charades.
74. Try out some yoga for kids videos.*
75. Take a family nap. Get pillows and snuggle and listen to music.
76. Work on a puzzle (or get out two easy puzzles and race to finish).
77. Have a picnic in the backyard.
78. Try out some easy science experiments.*
79. Jump rope. Look up some jump rope rhymes online.*
80. Skype or FaceTime with grandparents or cousins.
81. Collect moss, bark and leaves to make a fairy house.*
82. Write and illustrate a comic book.
83. Play toilet tag or TV tag.
84. Set up a mini golf course in the house.*
85. Make a bird feeder.*
86. Make your own drumset and kazoo and start a band.*
87. Look up riddles online and see if you can stump each other.*
88. Watch family movies.
89. Look at scrapbooks (or check out your parents old yearbooks).
90. Read! Find book recommendations for your age online.*
91. Play dress up. Visit Mom + Dad's closets.
92. Wash the car.
93. Collect leaves
94. Learn finger knitting.*
95. Use straws and a cardboard lid to make a marble maze.*
96. Design with Perler beads (melty beads). Find templates online.*
97. Color or paint paper doilies from the dollar store.
98. Collect sticks and leaves and use them as a paintbrush.
99. Play Duck Duck Goose.
100. Draw a target on the driveway and toss balls/sponges at it.
101. Make and play with Oobleck.*

***VISIT [ITSALWAYSAUTUMN.COM/SUMMERFUN](https://www.itsalwaysautumn.com/summerfun) FOR MORE INFO**

National Cherry Festival, Young (until 6 December)

The first cherry trees were planted at Young in 1847 by Edward Taylor. The National Cherry Festival has been running for more than 60 years and grows in popularity each year. It is now a major tourist event for Young and the district held on the first weekend of December annually. This event is run by the Council with the help of a community committee.



Open Libraries

Fairfield City Open Libraries is pleased to move to a stage where library customers are once again able to enter our library branches to experience and use our well-loved facilities.

Council's top priority is the health and wellbeing of its residents and will reopen our library services in stages to ensure customer safety during the COVID-19 pandemic. We will be following required social distancing restrictions and implementing measures to ensure everyone has an opportunity to use the facilities. For our [latest updates and opening hours click here](#). You can [find out more about how Fairfield City is handling COVID-19 here](#).

Our library staff is also available over the phone on 9725 0333 to answer all your questions and provide support.

Click the link to view the library page <https://www.fairfieldcity.nsw.gov.au/Services/Open-Libraries>

Community Services Guide

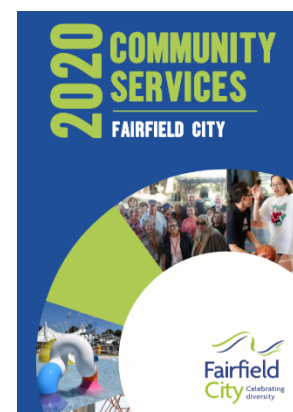
Can't find the community services you are looking for?

Beyond Council, there are a lot of other organisations which offer community services to local residents. To help you find these services we have compiled a **Community Services guide**.

The guide covers a wide range of community services from disability support to legal services to settlement services and much more.

[Download the
2020 Community
Services Guide\(PDF, 2MB\)](#)

If you would like a printed copy please email scd@fairfieldcity.nsw.gov.au with your details





Talk Less Listen More

ONLINE BEHAVIOUR MANAGEMENT COURSE

If you're a parent who's reaching the end of your rope with your child's meltdowns and difficult behaviour, I have good news for you. You're not alone and I can help you inch back down that rope, starting now!

Talk Less Listen More™ program is the Australian version of the highly respected and recommended '123 Magic' co-authored by US Based Clinical Psychologist Thomas Phelan and Parentshop founder Michael Hawton, an Australian psychologist and parenting expert.

Click the link to find out more about this great online course for parents.

<https://www.parentshop.com.au/online-parenting-course/>

TAFE NSW: MATURE AGE WORKERS

Are you 35 or older, looking for work and wanting to retrain or upgrade your skills?

Studying at TAFE NSW can help you get back into the workforce or stay ahead of evolving skill needs.

You may be eligible for a fee-free[^] place in a Smart and Skilled Certificate II, Certificate III or Certificate IV qualification.

As well as fee-free[^] training, TAFE NSW can provide career advice and a learning plan that takes into account your skills, experience and support needs.

[Enquire Now](#) <https://www.tafensw.edu.au/enrol/payment-funding/scholarships/mature-age-workers>

What to do next

[Check your eligibility](#)

Get your Job Active ID*

[Explore our courses](#)

For more information [contact us](#) or call the TAFE NSW Contact Centre on [13 16 01](tel:131601).

[^]Eligibility criteria apply

*You can register with a [Job Active provider](#) even if you're not receiving Centrelink benefits. Find out more [here](#).

Support Services:

Please encourage anyone who may be at risk or experiencing emotional distress, including worried family and friends, to contact one of the following services:

Kids Helpline. 1800 55 1800. Phone support is there all day, every day. Online support is open from 8am-midnight every day (AEST). <https://www.suicidecallbackservice.org.au/>

Suicide Callback Service. 1300 659 467. Phone support all day, every day, and follow-up calls. <https://www.suicidecallbackservice.org.au/>

eHeadspace. 1800 650 890. Open 9am-1am daily (AEST). <https://headspace.org.au/eheadspace/>

Lifeline. 13 11 14. Phone support all day, every day. Online support 7pm-4am daily (AEST).

<https://www.lifeline.org.au/>



Beyondblue. 1300 22 4636. Phone support all day, every day. Online support 3pm-midnight every day. <https://www.beyondblue.org.au/>


The key resources listed below provide additional support in relation to suicide prevention and mental health:

Life in Mind <https://lifeinmind.org.au/> Supports messaging around suicide prevention.



Head to Health <https://headtohealth.gov.au/> Provides digital mental health resources and services.

If a life is in danger call Triple Zero (000) immediately.

HOUSING SURVEY



DO YOU LIVE IN A SECONDARY DWELLING (GRANNY FLAT)?





If you live in one of these kinds of homes, Fairfield City Council would like your help with a study we are doing to understand who is living in secondary dwellings, and what your community needs are.

You can participate* in two ways:

Survey:

- Complete a survey by scanning the QR code. If you complete the survey by 16 December 2020, you will go in the draw to win 1 of 4 x \$150 Visa Gift Cards. The survey will take 5 – 10 minutes.



scan me

Interview:

- Participate in a short interview. Everyone who participates will receive a \$50 Gift Card. If you are interested, please contact us by 11 December 2020 with your name, contact number/email, and your preferred language by:
 - Text message to 0482 609 177, OR
 - Email to info@credconsulting.com.au.

* Participation is voluntary, but you must be over 18 years of age to participate. Any personal information provided will not be used to identify you.

NSW Department of Education

Online Enrolment

We are excited to announce we are rolling out the new Online Enrolment System from Monday, 10 August 2020

The Online Enrolment System is designed to provide flexibility for our parents to submit an enrolment application online and at the time that best suits you. The application can be accessed on all browsers and mobile devices including iOS and Android.

The online application process is currently restricted to:

- Enrolments into **local** schools only
- Children who are Australian citizens, New Zealand citizens or permanent residents
- Children who live in NSW.

We offer our support and encourage you to complete your application to enrol online. If, however, you do not feel comfortable completing an application online, a paper copy will be available for collection from the front office or can be downloaded from the Department's [going to a public school site](#).

Further information about online enrolment can be found on our website [here](#)



School Community Charter

Collaborative. Respectful. Communication.



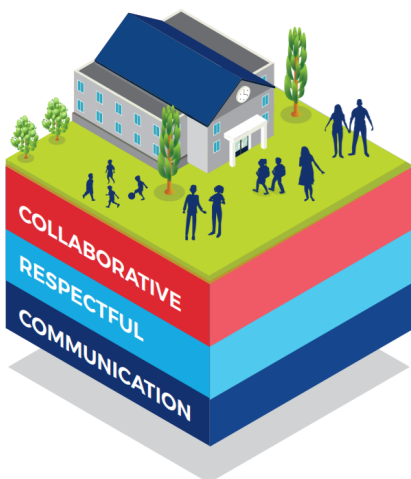
We work in partnership to promote student learning.



We treat each other with respect and fairness.



We communicate in a positive and constructive manner.



Respectful communication is a right

In all workplaces people have the right to feel safe and respected. Unacceptable and offensive behaviour has no place in our school communities.

Unacceptable behaviour:

- Aggressive or intimidating actions, such as violence, threatening gestures or physical proximity.
- Aggressive or intimidating language, including the use of obscenities, making sexist, racist or derogatory comments or using a rude tone.
- Treating members of the school community differently due to aspects such as their religion or disability.
- Inappropriate and time wasting communication.

We all play a part



School Community Charter

education.nsw.gov.au



Education

Tel: 9728 1278 Fax: 9728 2339 Email: lansvalee-p.school@det.nsw.edu.au