

Term 3 Week 10 2020

Calendar – Term 3	
Sept 25	Last Day of Term 3
Oct 12	TERM 4 BEGINS both staff and students
19 – 22 October	Book Week
21 October	Book Parade

From the Principal's Desk

Ms Ortega Kardasís

We are all feeling blessed that we have made it through the term safe and healthy. Despite the challenges around us on a day to day basis I thank everyone for following our COVID-19 Safety procedures at drop off and pick up. All the Staff at LEPS wish our families a safe and happy break with your children. Please note that if you have any questions you are able to contact me via email at: erika.kardasis@det.nsw.edu.au

All staff will be switching off their devices for a well-deserved break.

This term we have continued to look at the quotes to replace floorboards in the hall and the quotes for the canteen refurbishment. Both will be completed by the end of the school year. We apologise for the length of time this has taken, often quotes from external providers are out of our control. The canteen will hopefully be operational in 2021, where we will seek volunteers for it to run daily. More news on this as the year progresses.

The students had an amazing afternoon with the colour run on Thursday. Great to hear and see so much laughter.

Congratulations to the senior students on the amazing work they have been doing this year to collect funds for their year 6 Farewell. An estimation of \$1000 has been collected with more wonderful opportunities in term 4 to continue. Well done!

For many years NSW Health has had a demountable at the front of our school that has been nonoperational. It has taken us 16 months to request this to be removed and make space for additional parking for staff to alleviate the congestion on Riverside Road. During the school holidays this will be removed whilst staff and students are off sight.

Advice for Families: COVID -19 from the Department of Education

Last updated 24 September 2020 We're working closely with the Australian Health Protection Principal Committee (AHPPC), NSW Health and other agencies to ensure our schools continue to operate in the safest ways possible during the COVID19 environment.

Schools are operating full time while actively following health advice.

Schools continue to be safe, and operations are in line with Australian Health Protection Principal Committee (AHPPC) and NSW Health advice. All students should be learning on campus unless they are unwell or have a medical certificate to support their absence. The activities that are permitted at school will be conducted in a way that is safe and appropriate in the current environment. Those that remain on hold will be reviewed during the term and will recommence when appropriate based on health and other relevant advice.

Latest COVID-19 case locations in NSW

Check the Latest COVID-19 case locations in NSW and follow the recommended actions if you have been in a location where there have been confirmed cases of COVID-19. We encourage members of the community to monitor this site. Please follow the relevant health advice if you have been at any of the locations at the specified dates and times. The locations along with the times and dates of when the cases were identified can be found on the NSW COVID-19 website.

School attendance

Students should be at school unless:

• they have a medical certificate which states that they are unable to return to school due to an ongoing medical condition and the expected timeframe

• they are currently unwell.

In accordance with advice from NSW Health, parents and carers are reminded not to send children to school if they are unwell, even if they have the mildest flu-like symptoms.

NSW Health have requested that schools encourage anyone who is unwell or has even mild flu-like symptoms, to arrange to be tested through their local medical practitioner or one of the COVID-19 clinics.

Students and staff with flu-like symptoms need to be tested and provide a copy of a negative COVID-19 test result and be symptom free before being permitted to return to school.

Students who do not undertake a COVID-19 test result will not be permitted to return to school for a 10 day period. Additionally they must be symptom-free for at least 3 days before returning to school.

Students who have seasonal allergic rhinitis or another condition that presents similarly to flu-like symptoms are still required to get tested for COVID-19 and return a negative test result. Where their symptoms continue beyond 10 days, students should provide documentation from their GP confirming their symptoms are typical for their condition. If the student develops new or changed symptoms, they should get tested for COVID-19 symptoms.



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COVID-19 testing for students with complex health or disability may be challenging. In these situations, schools will ask the parent or carer to have their child assessed by their medical practitioner. Where a medical practitioner determines that a COVID-19 test is not required, documentation must be provided to the school to confirm that the student does not have symptoms that warrant a COVID-19 test. The certificate must also indicate that the student is able to return to school.

Schools are not required to conduct widespread temperature screening or mandate the wearing of a mask.

All schools will be vigilant when implementing infection control, physical distancing and personal hygiene protocols to protect the health and safety of students and staff. Schools will promote the need to follow good hygiene practices such as:

- regularly washing hands •
- avoiding sharing drinks or food
- coughing or sneezing into your elbow, or a tissue which should be discarded immediately
- filling water bottles from bubblers rather than using the bubbler directly

All students and staff who reside in or have visited Victoria must have a permit to enter NSW and are required to comply with health restrictions relevant to their permit which may include the need to complete the 14 day self-isolation period commencing the last day they were in Victoria.

School Activities and School Site Usage Updates

The following activities can now proceed for Term 4:

- Saturday School for Community Languages
- Singing and chanting with struct restrictions
- Playing wind instruments with strict restrictions
- School formals, dances and graduations with a COVID -19 Safety Plan
- Excursions and day camps with strict restrictions
- Kindergarten orientation
- Year 7 transition to High School

NSW Health has published updated advice for schools as we commence Term 4. The following principles underpin these measures:

- Only providers that are essential to the delivery of curriculum can continue to provide services and programs until further notice.
- · Parents and carers and other non-essential visitors are not allowed on the school site
- School assemblies must be limited to 15 minutes with no external visitors
- P&C meetings must be online only
- Parent/ teacher meetings will be online unless involving serious matters that require face to face discussion
- School or community run playgroups



Piranhas Don't Eat Bananas with 2-6A



school.

In writing this week 2-6A have been looking at the short story *Piranhas Don't Eat Bananas*. They have enjoyed researching interesting facts about the piranha to support their writings of why piranhas don't eat bananas. 2-6A have learnt about the features of a piranha and have explored the story through role plays while also learning to draw and construct a piranha using their fine motor skills of cutting, pasting and using pegs. Keep up the great work 2-6A.



Our Speech Pathologist

Hi! I'm Jennifer (or Miss Jenn as the students call me) and I am the Speech Pathologist who works at Lansvale East Public School. I have been attending LEPS every Wednesday since 2016. This has allowed me to work with many students and teachers across the school supporting their speaking, listening and learning. I primarily work in the K-3 classes and individually with selected students requiring some extra support.

Speech Pathologists conduct assessments and therapy to people across their whole life span. We work on areas associated with using and understanding language, speech sounds, literacy, feeding/swallowing, voice quality and alternative communication methods. We work in schools, community health clinics, hospitals, nursing homes and private clinic settings. If you are looking for more information about speech pathologists or to find a private clinic in your area, check out www.speechpathologyaustralia.org.au. Please don't hesitate to contact me via the school office or say "hi" next time you see me around the





5/6B are bumping up their learning.

It has been one crazy term for 5/6B! Throughout the term, students have been working hard across all areas to further develop and expand on their previous knowledge.

Our main writing focus for this term was Informative Writing. 5/6B students started using the 'Bump It Up' wall which is a visual display that provides explicit benchmarks for students – which has been a massive success! We also began our integrated sports program with the 3-6 support unit students. Each Friday, students are placed in mixed groupings and complete a sport activity with each other.

Year 6 students also had their Peddler Stalls which was another massive success. A big thank you to the Year 5 students who also supported them on the day. 5/6B have also been participating in Peer Support with K-4 classes in both mainstream and support unit where they help students with their work.

Next term will be the final 10 weeks of primary school for the Year 6 students before they head off to high school next year.

We can't wait for Term 4!











EaLD NEWS

We are running a new arrival program where students who are new to Australia are learning to speak, write and read in English. During this term, students have been learning about Australia's natural and built environments. We complete reading and writing activities and vocabulary games. Students have lots of fun!





Learning and Support

HELPING YOUR CHILD TO SPEAK AND LISTEN

Talking with your child



Regularly talking and interacting with your child extends their language and listening skills, and helps grow their confidence with language.

Include your child when discussing everyday activities such as grocery shopping, gardening, cooking dinner, collecting mail from the mailbox, doing housework, and travelling in the car or bus. Outings can also provide a world of new vocabulary. Discussion during outings can enrich your child's understanding of the world. Outings might include going to the park, the zoo, a shopping centre, museums, libraries and art galleries.

Other fun activities can include:

Share rhymes, poems and songs. Encourage your child to join in.

Share and talk about family histories and family photos.

Look at picture books or art books. Ask your child to describe what is happening in the pictures and make up stories together.

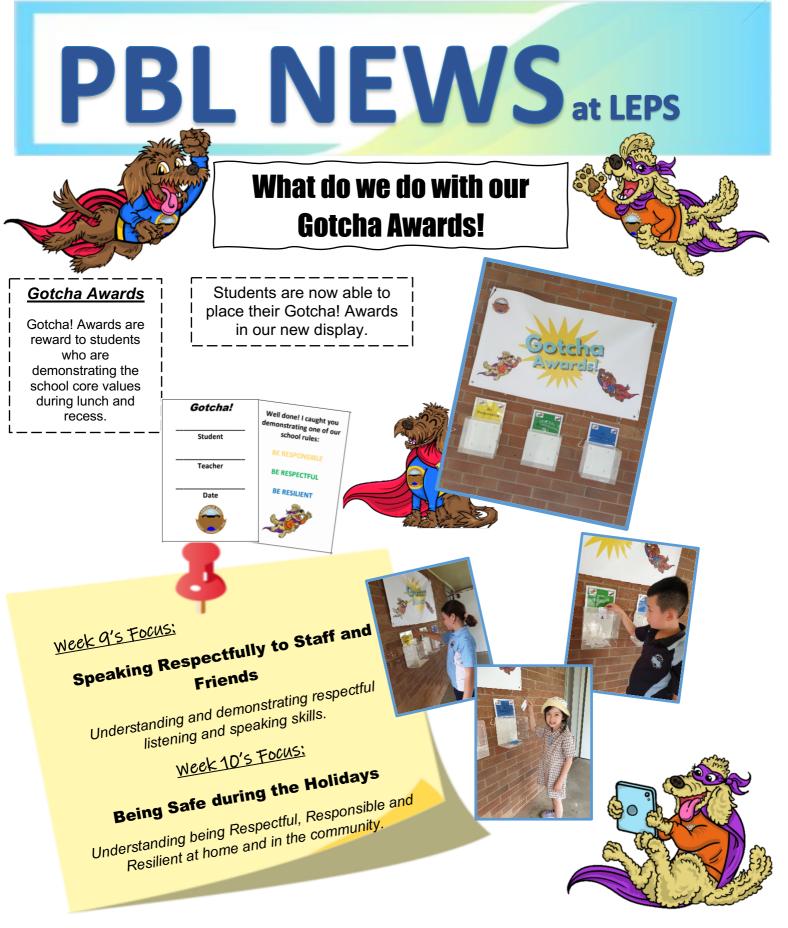
Collect cardboard and other household items for your child to build with. Ask your child to describe what they are building. Look at 'junk mail' and talk about the things for sale. Listen to simple radio programs or podcasts together and discuss the content.

Play vocabulary games with your child such as, "what's the opposite of?" (for example, "what's the opposite of big?") and "what's another word for....?" (for example, "what's another word for angry?").





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Support Services:

Please encourage anyone who may be at risk or experiencing emotional distress, including worried family and friends, to contact one of the following services:

• Kids Helpline. 1800 55 1800. Phone support is there all day, every day. Online support is open from 8am-midnight every day (AEST). <u>https://www.suicidecallbackservice.org.au/</u>

• Suicide Callback Service. 1300 659 467. Phone support all day, every day, and follow-up calls.

https://www.suicidecallbackservice.org.au/

- eHeadspace. 1800 650 890. Open 9am-1am daily (AEST). https://headspace.org.au/eheadspace/
- Lifeline. 13 11 14. Phone support all day, every day. Online support 7pm-4am daily (AEST).

https://www.lifeline.org.au/

• Beyondblue. 1300 22 4636. Phone support all day, every day. Online support 3pm-midnight every day. https://www.beyondblue.org.au/

The key resources listed below provide additional support in relation to suicide prevention and mental health:

- Life in Mind <u>https://lifeinmind.org.au/</u> Supports messaging around suicide prevention.
- Head to Health <u>https://headtohealth.gov.au/</u> Provides digital mental health resources and services.

If a life is in danger call Triple Zero (000) immediately.

Advice for parents:

The following advice for parents assists in limiting students' exposure to harmful online content:

• Engage in your child's online activity and discuss the types of apps, websites and games they are viewing to ensure content is age-appropriate

- Make use of parental control on devices to help limit your child's online exposure
- Help your child report and block inappropriate content on social media or apps
- Encourage your child to talk to you about anything upsetting they view online
- Visit www.esafety.gov.au for further advice on apps, social media and online safety issues.



NSW Department of Education

Online Enrolment

We are excited to announce we are rolling out the new Online Enrolment System from Monday, 10 August 2020

The Online Enrolment System is designed to provide flexibility for our parents to submit an enrolment application online and at the time that best suits you. The application can be accessed on all browsers and mobile devices including iOS and Android.

The online application process is currently restricted to:

- Enrolments into local schools only
- Children who are Australian citizens, New Zealand citizens or permanent residents
- Children who live in NSW.

We offer our support and encourage you to complete your application to enrol online. If, however, you do not feel comfortable completing an application online, a paper copy will be available for collection from the front office or can be downloaded from the Department's <u>going to a public school site</u>.

Further information about online enrolment can be found on our website here

Invitation to join our parent group

Ms Ortega and I would like to invite you to be part of a new and exciting parent group at Lansvale East Public School.

Due to COVID 19 restrictions, we have been unable to hold P&C meetings, and we feel this is an opportunity to move forward with future directions for Lansvale East.

This group of parents and carers will represent our parent and carer community, be a part of our whole school planning process, liaise with other parents to give and receive information and ideas, assist to raise much needed funds to support student learning and be a valued part of our school community.

Please contact:

Mrs Grinham, via email: jeanette.grinham@det.nsw.edu.au

or via phone on: 0448626492

Ms Ortega, via email: erika.kardasis@det.nsw.edu.au

or via phone on 97281278

for more information and to join our Parent Group.





A big thank you to Bunnings Villawood for their donations for our Community Garden. Thank you Jodie and the Bunnings Villawood Team from Lansvale East Gardening Committee.





Friends of Lansvale East

Thank you to the following businesses for supporting our school.

NE W

Bunnings Villawood

The Chef Spot (Macquarie Park)

Awen Natural Therapies, Geekdom -Cool Stuff, Little wing Clothing Boutique, Leura Health Foods, Maharani Boutique, Inner Space, Megalong Books, Lily's Pad café.

(Leura)

Cakes and Cupcakes by Ana-María (onlíne) Bass Híll Fruítopía

(Bass Hill Plaza) Lansvale Kebab House (Lansvale Shopping Village) 18 Karet Nails (Lansvale Shopping Village)



Brands HQ

Clothing and accessories for Men, Women, Children (Lansvale Shopping Village)

K-Mart

(Bass Hill Plaza)

Please show your appreciation by visiting them and mentioning that your child attends Lansvale East Public School.

Please contact Mrs Grinham via email: jeanette.grinham@det.nsw.edu.au or telephone: 9728 1278 to support our school and join our friends.





School Community **Charter**

Sollaborative. Respectful. Communication.



We work in partnership to promote student learning.



We treat each other with respect and fairness.



2020

We communicate in a positive and constructive manner.



We all play a part

Respectful communication is a right

In all workplaces people have the right to feel safe and respected. Unacceptable and offensive behaviour has no place in our school communities.

Unacceptable behaviour:

- Aggressive or intimidating actions, such as violence, threatening gestures or physical proximity.
- Aggressive or intimidating language, including the use of obscenities, making sexist, racist or derogatory comments or using a rude tone.
- Treating members of the school community differently due to aspects such as their religion or disability.
- Inappropriate and time wasting communication.

Collaborative. Respectful. Communication.

School Community Charter

education.nsw.gov.au

