



LEPS

Community News

- From the Principal's desk
- 1-T News
- 5-6 E News
- PBL News
- Back to School Information
- Kindergarten Orientation Information
- COVID-19 Information
- Uniform Prices

Dates to remember...

Years 2 to 6
Return to School

Monday, 25
October 2021

From the Principal's Desk



It is wonderful news that all our students return to school on Monday 25 October. It was great to see the students from KN, 1T, 1-3P and 1-3A. We are looking forward to seeing them and celebrating their return to school. The COVID-19 pick up plan was posted on ClassDojo. Please read through the organisation for pick up in a staggered approach to continue with safety advice from NSW Health.

We would like to thank you for supporting your child/ren with learning from home, so the school can complete planning for a safe return of students and staff.



Our school's COVID-safe operations

Our COVID-safe return to school plan is NSW Health approved and includes numerous effective practices to support the health and wellbeing of our students and staff. These practices include vaccinations, mask wearing, reduced mingling of student groups and staff, ventilation in classrooms and continued good hygiene and cleaning.

- Windows and doors will be open throughout the day.
- Physical distancing will be in place where possible.
- Students should not be at school if they are feeling unwell.
- If a student is a contact of a confirmed COVID case, the school should be notified immediately.
- No parents or carers permitted to enter school grounds.
- Parents are not required to check in for drop off or pick up at one of the three gates.

PICK UP

To ensure we get the children offsite safely every afternoon we are introducing a staggered pick-up time.

2:45pm dismissal: Students in our Support Unit, Kindergarten, Year 1(1T), Year 2 (2D) and 2-3C along with their siblings are to be picked up at 2:45pm. Our Support Unit students are to be picked up at Riverside with all other students to be picked up from Hollywood Drive or Jupiter Street.

3:00pm dismissal: Students in Year 3-4N, Year 4-5R, Year 5-6E are to be picked up at 3:00pm as per normal from one of the 3 gates.

We will follow the same procedure where teachers will accompany students to the gates to support them leaving school.

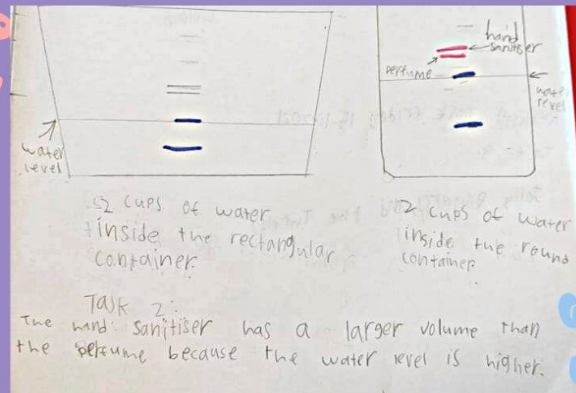
1-T SAYS GOODBYE TO HOME LEARNING AND HELLO TO SCHOOL

TERM 4 WEEK 3

MATHEMATICS



In Maths, 1T have been exploring volume by looking closely at cubes as an appropriate unit of measurement, and explaining what happens when objects are submerged into water.



BACK AT SCHOOL

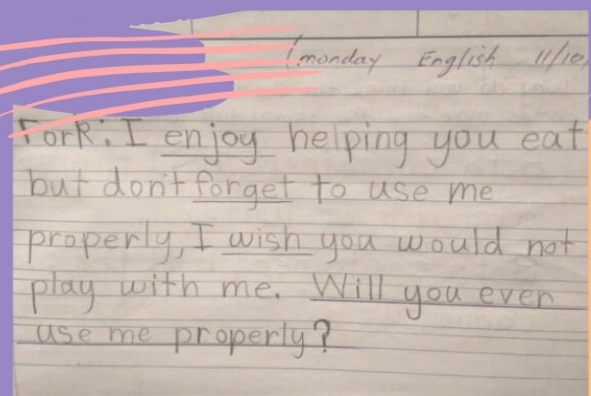


1T were really excited to return to school and see their classmates after 3 long months of home learning! The students settled back into routines very quickly and were working hard during literacy rotations to improve their reading.

WRITING



In Writing, the students are focusing on persuasive writing. They have been looking at the structure and language features used in a persuasive letter including sensing verbs, rhetorical questions, and modal verbs.



5-6E's Learning from home experiences

Being in lockdown did not affect my learning. It feels like I was still learning from school with the help of my sister and parents. It made me build my confidence in asking questions and telling them which topics I struggle with so they can help me. I don't find the work boring and I don't get distracted because our school work itself is very fun to do and the activities were fun.
By Esther



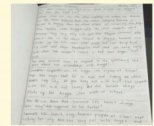
Home Schooling was hard but easy at the same time. One of my favourite activities was writing when we had to make something and then write the steps out. I decided to make a money box with a jar.
By Amanda



I've had plenty of fun doing work at home but it wasn't as fun as actually going to school! My siblings and I have been encouraging each other to be patient with the lockdown or else we would've gone crazy! Staying at home for so long has been a new experience for my siblings and I. Now that everyone is going back to school soon, everyone will get to do the same things they did when they were at school.
By Lexiiyus



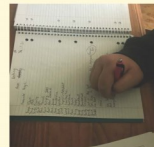
When I found out that I had to do online school again I was devastated but it was kind of ok. The thing that devastated me was missing basketball games, friends and my teacher. When I started the online school I found the work was okay. Then we started zoom meetings. Next week we go to school in person which is the best thing I have heard and I'm excited for Monday.
By Lan



Lockdown school was hard because a hard thing because we couldn't see our friends and if we were stuck on our work we couldn't get it explained as much as if we were at school. Next week I hope when we all return back to school it will be normal.
By Lillianne

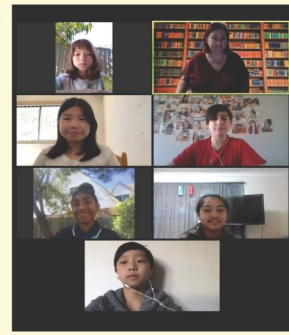


Throughout home school I loved the school work that our teachers have gave to us but I couldn't do some of it because I have no devices that was available so I HAD to skip the work that I couldn't do and the stress I've been through with my young siblings at home. I missed playing PSSA when we were versing other great schools.
By Vitale



CLASS
ON
ZOOM

We became masters of Zoom and really enjoyed the start of lesson games.



Term 3 and 4, 2021

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PBL AT HOME

Lansvale East Public School - Be Responsible Be Respectful Be Resilient

PBL Focus

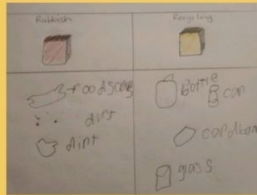
Weeks 1 & 2 (Term 4, 2021)

Being Responsible at Home - helping with taking out the rubbish

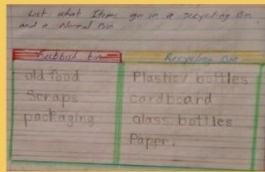
For the students to understand and demonstrate the expected behaviour that is required when they are learning from home.



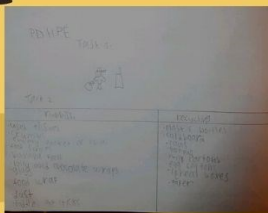
Amanda, Bernard and Troy from 2-3C showing how they are Responsible at Home.



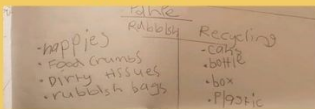
Malakai



Selena



Sorean



Isaiah



Esther from 5-6E Being Responsible at home - taking out the rubbish bins out.

Malakai, Selena, Sorean, Isaiah and Nathan from 1-T - Being Responsible at Home - PBL sorting rubbish task.



Nathan

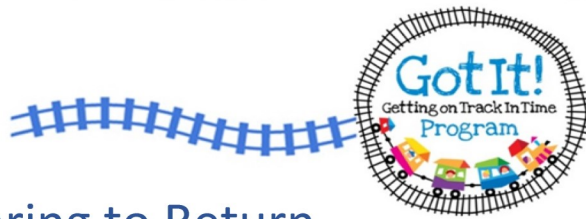
PBL Focus

Weeks 3 & 4 (Term 4, 2021)

Being Respectful - Using our Manners

For the students to understand and demonstrate the expected behaviour that is required when they are at School or when learning from home.

Got It!



Preparing to Return

Unsure how to prepare your child to return to school?

Step 1: Get information from your school

- Your child's school will be in touch to explain the various new procedures in place. If you have not received information or are unsure of anything, you should contact the school.



Step 2: Talk to your child about returning

- Talk to your child about the changes the school has let you know about and tell them the teachers will be there to help if they are unsure about anything.
- Reassure them with calm words and actions that going to school will be safe and fun.

Step 3: Talk to your child about their feelings

- Encourage your child to share their feelings and any concerns they have before and after returning to school.
- Reassure them that it is normal to have big and sometimes mixed feelings such as excitement or worry.
- Practice some deep triangle breathing together and let them know they can do it on their own at school to help with any big feelings there.

Triangle Breathing



Use your index finger to trace a triangle on the palm of your hand as you take deep breaths

NBMLHD Got It! August 2021

 **Health**
Nepean Blue Mountains
Local Health District

Got It!



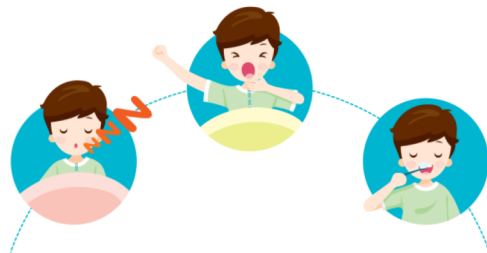
Re-establishing routines

Will your child and family need some adjustment to get back into school learning?

Getting your child and family into a regular routine in the weeks leading up to returning to school will help make the transition and change easier to manage.

The week before:

- Return to usual school day wake up, morning and bedtime routines.
- Ensure they are getting enough sleep.
- Practice having breakfast, lunch and snack times that coincide with typical school breaks.
- Create a calendar that counts down the days until their return.
- Practice getting ready to go to school e.g. finding their uniform and packing their bag.



The day before:

- Include your child in packing their school bag and getting their uniform ready.
- Talk with them about the plans for the next day including the morning routine, what to expect when they arrive at school and afternoon pick up plans.



The morning of:

- Allow extra time to get ready.
- Keep yourself calm to help your child remain calm.
- Repeat all the information you discussed with them the previous night about what their day will look like.



NBMLHD Got It! August 2021

 Health
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Local Health District

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Got It!



Saying Goodbye at the Gate

Are you worried about how the first back to school drop off will go?

School drop offs might look different when school resumes, some children and parents might find saying goodbye difficult. We can prepare our children for this by:

Planning ahead:

- Talk about whatever details you already know – who will be where to drop and pick them up. Reassure them the teachers will help them if any changes are made.
- Create a quick goodbye 'ritual' for each child e.g. a secret handshake, special wave or triple kiss just for this occasion.
- Organise for a buddy to walk into school with them or for them to keep a special item that helps them feel "brave".



Practice, Practice, Practice!

- Practice small periods of separation prior to school starting e.g. hanging out the washing while your child stays inside or leaving them with a friend while you go to the shops.
- Practice your goodbye ritual so your child knows what to expect.



At the gate:

- Remain calm, confident and be consistent.
- Give your child your full attention.
- Say a proper goodbye (but keep it brief) and tell them when you'll be back e.g. "I'll be back later today after school". Do not sneak away when your child is distracted and don't linger.
- Perform your goodbye ritual once only.
- Reassure them that their teacher and school staff will be there to help.



NBMLHD Got It! August 2021

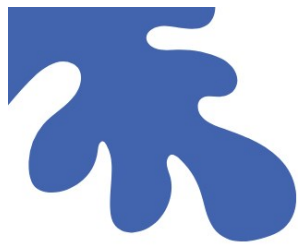
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On-Line Kindergarten Orientation



Lansvale East Public School

Lansvale East Public School On-Line Kindergarten Orientation Program is for children starting school in 2022. The program will involve three, 45-minute sessions which will take place via zoom. The children will be engaged in hands-on activities led by the school staff for 30-minutes and may require the assistance of an adult (parent/carer). The student activities will be followed by a 15-minute parent information and question session each week.

DATES

SESSION 1:

TUESDAY,
9 NOVEMBER, 2021

SESSION 2:

TUESDAY,
16 NOVEMBER, 2021

SESSION 3:

TUESDAY,
23 NOVEMBER, 2021

Time:
10:00 am
45 minutes

The aim of the Kindergarten Orientation program is to familiarise the children with Lansvale East Public School by giving students the opportunity to get to know some teachers, other students and participate in some of the activities they will be doing as a part of a normal school day.


As well as helping your child get ready for 'big school', these sessions are also an important opportunity for our teachers to begin identifying your child's strengths and focus areas to assist planning for the 2022 school year.



For further information please contact
Ms Erika Ortega (Principal) or
Ms Julia Douglas (K-2 Supervisor) on
Phone: 9728 1278

Website: www.lansvalee-p.schools.nsw.gov.au

Email: lansvalee-p.school@det.nsw.edu.au

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LUNCH AND RECESS ORDERS:

Monday Wednesday Friday

Families can order from one of the lunch packs, please pre- order your lunches by calling through the office 9728 1278 or send your child's money in an envelope with your child's name, class and lunch pack number.

What will you have for lunch today?

Lunch Pack 1 \$3.00

- Cheese toasty
- Apple juice popper or water
- Fruit (apple or banana)

Lunch Pack 2 \$4.00

- Chicken noodles
- Apple juice popper or water
- Fruit (apple or banana)

Lunch packs are only available Mondays, Wednesdays, and Fridays.

Remember to give your money to the office before school starts each morning.

LATE ARRIVALS/EARLY DEPARTURES – ONLY THROUGH THE FRONT GATE

Parents and carers are not to enter with the child/children. Please come to the front gate (located at Riverside Road) and press the buzzer. An office staff member will open the gate and your child can come into the office for a late note. If you need to pick up your child early, please buzz the office from the front gate entry and talk to one of our friendly staff members who will assist you.

Is there an option to learn from home?

It is an expectation that all students will return to school from the dates indicated on page 1.

Lessons will only be taught at school. For students with exceptional medical or other circumstances, parents and carers need to contact the school and speak to the School Principal or Deputy Principals. In these rare circumstances, work packages will be prepared and sent home. Support whilst learning from home will occur in a limited way.

Supporting children returning to face-to-face learning

Helpful tips for parents

and carers to support their children as they prepare to return to school are available in multiple languages on the following web link:

<https://education.nsw.gov.au/public-schools/going-to-a-public-school/translated-documents/supporting-children-return-to-face-to-face-learning?deliveryName=DM20184>

An Important Message about our response to COVID-19

The health and safety of our staff and students is of the utmost importance to our school.

We have implemented a range of measures to help keep our school healthy and reduce the spread of infection and illness. Some simple measures we ask that you adopt include:



Before entering our school

If you have been unwell, with symptoms such as high temperature, cough, sore throat, and/or shortness of breath, please don't visit our school. Contact our office on to speak to one of our staff.

Ph.



Increase hygiene practices

We request that all staff, students and visitors follow increased personal hygiene practices through regular and thorough hand washing and covering your cough or sneeze through coughing or sneezing into your elbow of tissue, and disposing of tissues.



Maintaining a healthy distance

For the health and wellbeing of our staff and students, please stand at least **two metres** apart while waiting in our office. Our visitors are encouraged to wait outside for their turn to speak with our office staff. We are also applying social distancing requirements across all areas of the school as is reasonable and practicable.



Support for our staff

We know this is a difficult time, but we are doing all we can to support our staff and students.

We appreciate your patience and support while we work together to minimise the impact of COVID 19 in our community.



Please use the hand sanitiser provided

education.nsw.gov.au



COVID-19 requirements

for visitors,
contractors
and service
providers



Stay at home when unwell

Do not attend the school if you are unwell, even with the mildest of symptoms. COVID-19 symptoms include fever, cough, sore or scratchy throat, shortness of breath, or loss of smell or taste.



Practise good hygiene

- Wash your hands or use hand sanitiser regularly.
- Avoid shaking hands when greeting people.
- Cover your nose and mouth when coughing or sneezing with your elbow or a tissue. Put tissues in the bin.
- Clean tools and equipment in between uses and when sharing with others.
- Use personal protective equipment when required.



Maintain physical distance

Maintain 1.5m physical distance from other people while on the school site at all times.



Keep our school environment clean

Leave working and learning spaces clean and tidy. Wipe down any high-touch surfaces or workspace area following use with a suitable cleaning product.



Contractors and service providers

All businesses and organisations delivering services and programs within our school must comply with Public Health Orders and have a COVID-19 Safety Plan as required.

Acknowledgement

Before visiting school grounds I acknowledge:

- I agree to comply with COVID-19 requirements for visitors, contractors and service providers (as outlined on this page).
- I am well and have no COVID-19 symptoms.
- I have provided my contact details to the school so I can be contacted in the event of a health or other emergency.
- I agree to comply with and follow all safety, policy and procedural requirements in place at the school.
- For **contractors and service providers** – I will work in compliance with the contractor and service provider requirements (identified above).



School Uniform Shop

The School uniform Shop is available from the front office.

The shop is open Monday - Friday 9:00am - 3:00pm.

Uniform	PRICE
Polo shirt (Short)	\$25
Polo shirt (Long)	\$30
Short (Males)	\$15
Skort (Female)	\$15
Jacket	\$25
Cap (Sky blue)	\$15
Hat (Navy blue)	\$15
Dress	\$45
Sport Uniform	\$40
Sport short	\$15
Sport shirt	\$25
Track Suit	\$70
Track Suit Jacket	\$40
Track Suit Pants	\$30
School Bag	\$35
Library Bag	\$15
Excursion Bag	\$15

Let's Get Social!

Follow us on Facebook and Twitter and stay up to date on the latest news at
Lansvale East PS.



[facebook.com/LansvaleEastPublicSchool](https://www.facebook.com/LansvaleEastPublicSchool)



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