

- From the Principal's desk
- School Counsellor
 support

Dates to remember...

Learning from home	19 July—30
	July

From the Principal's Desk

Dear Parents and Carers,

Thank you to the Lansvale East Public School Learning Community for your outstanding effort in your response to all of the information that has been provided to you by NSW Health, Department of Education and from me over the last week.

All we can continue to do is work together, stay safe and follow NSW Health Guidelines.

Term 3 Week 1 has been a challenging week for all, but I am happy to report that our community listened and we had every Lansvale East student working from home this week – this was amazing!

Our long term goal is to have Lansvale East Public School students return to school, but for now, I urge our families to continue with the same plans and keep children at home. The school will remain open for the students and for families who need it, but we urge you to work from home as we continue to keep everyone safe. This is so important at this time.

The key message has not changed for families living in Fairfield:

'You must stay home. Only leave your home if you have a reasonable excuse.'

In the meantime, please feel free to contact the school if you would like to speak to me about Learning from Home – Term 3 Week 2.



Lansvale East Public School

21 Riverside Rd, Lansvale East NSW 2166

Phone: (02) 9728 1278 Email: lansvalee-p.school@det.nsw.edu.au

Website: http://www.lansvalee-p.schools.nsw.edu.au/

LEARNING FROM HOME AT LANSVALE EAST PUBLIC SCHOOL – TERM 3 WEEK 2

Week 2 Learning Activities timetable will be uploaded to ClassDojo by the classroom teacher on Monday morning. If you need to pick up for more than one child in your home ring the office to let us know what time you will collect all packs for your children: 9728 1278.

If students are not working online, Learning Activities can be picked up from school on Monday 19 July 2021.

Support Unit	3/4N	KN
	4/5R	1T
	5/6E	2D
9.30am – 10:30am	11:30 – 12:30PM	1:30- 2:30PM
PICK UP HOLLYWOOD DRIVE		

Be COVID-Safe and follow the signs and listen to Lansvale East Public School staff.

Ensure your child completes various activities each day. Teachers will be online to make comments as well as communicating with families by phone and other forms of communication.

Unfortunately, we are not in a position to loan any computer equipment at this time. We do not have the resources available to accommodate this. We are looking at how to change this for the future.

Refer to some of the links below:

Cyber safe families – an overview of cyber safety

<u>Technology and wellbeing</u> – useful tips and tools

<u>Digital citizenship External link</u> – a collection of articles and resources to maximise students' use of technology

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The **following 5 steps** must be followed if you are picking up a Learning Activity pack from Riverside Road on Monday.



One person per family – only pick up your child/ren packs



Wear a mask



Attend at the correct time



Ensure the person is not sick



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Some tips on how to cope with the lockdown and working and learning from home

Manage children's fears and concerns

It's a worrying time for everyone and you might be nervous and stressed. Talk to your children in simple terms about the situation and try to keep them calm and reassured.

- Ask open questions and listen
- Be honest; explain in a child friendly way
- o Reassure your child that lockdown rules are there to keep everyone safe
- Use calming activities listen to music, watch a movie, stroke your pet, engage in physical activity
- o Take care of yourself

Keep children organised – involve the children in working out a routine if you can

Structure the day with time to learn, play, eat, rest and do some chores – put the timetable on the fridge

🔸 🛛 Keep children learning

Follow the advice given by the teachers - be realistic about what you can achieve

🔸 Keep children safe on line

They may be having more screen time than usual; keep track of what they are doing

Keep children active and busy

Physical activity is important for health and wellbeing; they can help with chores and cooking, play in the yard - if you have one or engage in activities suggested by their teacher

Keep children creative

Children can become bored - they may like to draw, sing, dance or play pretend games

Helpline numbers:

- Kids Helpline: 1800 55 1800
- Lifeline: 13 11 14
- Mental Health Access line: 1800 011 511
- Domestic violence: 1800 737 732 (1800RESPECT)

References/ useful websites:

https://thinkchildsafe.org/family-resource/#1-1-Realistic-Daily-Schedule

https://www.unicef.org/coronavirus/how-talk-your-child-about-coronavirus-covid-19

https://kidshealth.org/en/parents/coronavirus-autism.html

Sue Pyke (school counsellor)

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The School uniform Shop is available from the front office.

The shop is open Monday - Friday 9:00am - 3:00pm.

Uniform	PRICE
Polo shirt (Short)	\$25
Polo shirt (Long)	\$30
Short (Males)	\$15
Skort (Female)	\$15
Jacket	\$25
Cap (Sky blue)	\$15
Hat (Navy blue)	\$15
Dress	\$45
Sport Uniform	\$35
Sport short	\$10
Sport shirt	\$25
Track Suit	\$70
Track Suit Jacket	\$40
Track Suit Pants	\$30
School Bag	\$35
Library Bag	\$15
Excursion Bag	\$15

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facebook.com/LansvaleEastPublicSchool





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