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### Dates to Remember....

| Learning from | 9 August —     |
|---------------|----------------|
| Home          | 28 August      |
|               | And until fur- |
|               | ther notice    |



# From the Principal's Desk

We are well into the middle of the term and I want to extend my sincere thank you to all our families and the community in continuing to follow the NSW Health Guidelines during these difficult times. All the staff have been working around the clock to provide suitable and accessible activities for students each week. It has been

wonderful to see all the work being created and pictures of the students completing them as well as logging onto the ZOOM classes. Thank you for all your amazing support as we continue with home learning until further notice.

#### **Canteen Update**

During this time we have evaluated the canteen and how it will look for the future. We have enquired about placing it to tender for an outside service provider to run it. This will support the opening of the canteen as it was not possible to get volunteers. Due to our current situation we will commence the paper work and organisation of the tender preparation to commence the long process, which can take approximately 6 months. We hope this will be completed and open for 2022. If we do return to school with staff and students onsite the previous set up of three days a week lunch packs will continue to be available to support our families. A note will go home to families seeking a parent representative for the panel once the process is permitted to commence. We thank you for your on going support.

#### **Online Assembly**

We are looking into holding an online assembly and hope to get the details out to you shortly for you to log in and join in celebrating the home learning and awards. Stay tuned.

## Lansvale East Public School

#### 21 Riverside Rd, Lansvale East NSW 2166





1-3P students are working from home and engaging in fun, interactive and <u>hands on</u> learning activities. Students in 1-3P are practicing life skills and are helping their parents by making their breakfast, their beds, folding their clothes, organising their toys, washing dishes and tidying their room.



In Mathematics students have done amazing work by using their lego, toys and household items to help count and add up to 150. Students have explored the concept of positioning through drawings, labelling, and writing sentences about the positions of various objects.



In English, students have explored different phonemes and graphemes. They have read stories linked to the focus grapheme and are able to write informative text on the story. Students plan their work through illustrations of what happens in the beginning, middle or end of the story.

Keep up the brilliant work 1-3P, you are all doing a fantastic job.

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# 3-4N LEARNING FROM HOME

# TERM 3

# What 3-4N are doing at home

3-4N have done an amazing job settling into home learning. It is very different not being back at school and we are missing our friends dearly. These challenging times have not stopped our learning and we are learning more than ever.

At home 3-4N students are: Poets - Learning how to create poems to express themselves Scientists - Investigating heat light and shadows Mathematicians - Exploring two-dimensional and three-dimensional shapes Chefs - Preparing our favourite meals

Finally, thank you to all of our parents for supporting the children during this learning from home time and we look forward to seeing more of what the students continue to produce.

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REMEMBER

Be

Respectful

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4–6S LEARNING FROM HOME

This term the students in 4-6S have been learning from home and working hard to complete their home learning packs. This term for English the students have been learning about writing procedural texts that relate to real life home or life skills activities such as tying your shoelaces, brushing your teeth and making your bed etc. The students have continued working on the whole school soundwaves programs and are working towards applying their phonological knowledge to decode words when reading. The students have thoroughly enjoyed using different resources of Reading Eggs, Soundwaves and Mathletics to engage in fun interactive online learning.



Apisai. Onella, Toniseni and Toefiliga working hard and learning at home

The students in 4-6S have had a blast using zoom to connect with their peers in their class, peers in 4/5SU and teachers. Myself and Mrs Hijazi have enjoyed listening to students read their procedures out each week, present other school work, engage in modelled reading lessons and play games to continue building our social skills.



4-6S presenting their writing on procedure texts



4-6S and 4/5SU combined zoom

I would like to send a big thank you to parents, careers and siblings for supporting the students in 4-6S to continue their learning from home. Please continue to send in photos of your child completing their activities, both myself and Mrs Hijazi enjoy seeing their hard work.



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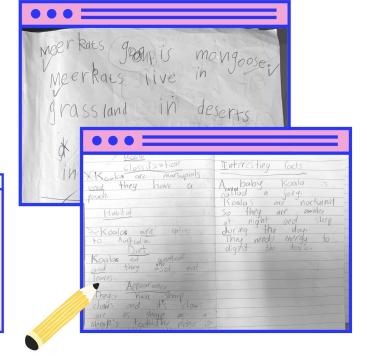
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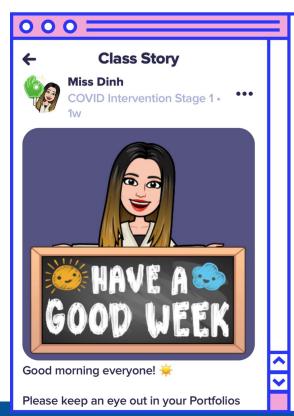


The COVID Intensive Learning Support Program focuses on core content and skills in Numeracy, Writing and Reading.



In Term 2, students who received support in 1T have been successful in Reading. Whilst students in 2D have shown a big improvement in Writing!





Lansvale East Public School

Last week, Miss Dinh contacted some of our families to provide additional support for students who have been identified in Stage 1 to participate in the COVID Intensive Learning Support Program during Term 3.

Identified students can access the differentiated work via ClassDojo. I encourage parents who I contacted to regularly check the Dojo classroom for new work, videos and messages.

Please remember to send in completed work, and contact me via ClassDojo or email (jodie.dinh1@det.nsw.edu.au) if you are unsure of how to assist your child with the assigned work ©

#### 21 Riverside Rd, Lansvale East NSW 2166

#### Message from the school counsellor, Sue Pyke.



If you have any concerns about your child that you would like to discuss with me please don't hesitate to get in touch through the class teacher or school email if you prefer.

It can be a challenging time so please reach out for support if you need it.

#### Remember...

- Connect with your friends and loved ones using video messaging, texting and phone calls.
- Add self-care into your daily routine whatever you find enjoyable or relaxing.
- Focus on your emotional and mental health and if you are feeling low, reach out for support.
- Encourage your children to talk about their worries so they are not bottling things up.
- Create a solid routine that works for you all and allow flexibility when needed.
- Exercise can be positive for mental health

I came across the Child360 App which has been designed to help parents support their children's wellbeing and resilience. Information explaining how to use it has been attached.

- Kids Helpline: 1800 55 1800
- Lifeline: 13 11 14
- Mental Health Access line: 1800 011 511
- Domestic violence: 1800 737 732 (1800RESPECT)

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# Emerging Minds

National Workforce Centre for Child Mental Health

# Child360 app for parents

#### What is this app about?

The Child360 app has been designed as a tool for parents to reflect on how they are going in supporting their children's social and emotional wellbeing, and identify areas where action can be taken to strengthen resilience. Parents can use the app either on their own or with guidance from a practitioner.

Child360 facilitates reflection on five areas demonstrated to strengthen children's resilience: parent-child relationships, emotions and behaviour, routines, communication, and support networks (PERCS). Parents are presented with questions tapping into each of the areas and asked to evaluate whether they consider the area to be a strength ('things are okay') or a vulnerability ('I'd like some help').

After completing the PERCS questions, parents select an area to work on and then choose from three levels of action: accessing information through articles/videos; speaking to someone via an online or phone service; and making an appointment to see a GP or child and maternal health nurse.

#### Who is this app for?

The app is designed to be used from pregnancy through to when a child is aged 18 years. After creating a child profile, the app takes the birth date of the child and uses this to provide agespecific information according to five age groups: pregnancy; O-2 years; 3-4 years; 5-12 years; and 13-18 years.

#### Why was this app developed?

The app was developed to provide parents with a simple tool for strengthening children's social and emotional wellbeing. It recognises that all families face challenges that can impact children's wellbeing and provides guidance about actions that parents can take to strengthen their children's resilience.

Delivery partners:



The National Workforce Centre for Child Mental Health is funded by the Australian Government Department of Health under the National Support for Child and Youth Mental Health Program



#### How was this app developed?

The app was developed as a partnership between parents, health professionals, researchers, and app developers. It draws on knowledge, evidence, and experience about practical strategies parents can use to support their children's resilience. A focus group of five child and family partners were involved throughout the development of the app, providing input into the structure, content, and purpose. They also tested and provided feedback on early versions of the app.

#### What are the benefits of this app?

Child360 allows parents to be proactive about supporting their children's social and emotional wellbeing and strengthening resilience. It simplifies what is a large and confusing field of information into five areas and guides parents to high-quality information that can assist them to make positive changes for their child and family.

Visit our web hub today!





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# Emerging Minds

National Workforce Centre for Child Mental Health

#### How should parents approach the app?

Parents are encouraged to view the app as a tool to gain information about how their child is going across five areas of social and emotional wellbeing. After completing the check-up, parents are provided with a summary showing areas where things are going well and areas where they can take steps to strengthen their child's resilience. It is recommended that parents choose one area to work on at a time.

# How can practitioners support parents to use the app?

While the app can be used alone, some parents may prefer to work through the app with the support of a practitioner (e.g. GP, social worker, support worker). Practitioners can partner with parents in the process of identifying and implementing changes in one of the areas covered by the app. For example, if a parent identifies that 'routines' is an area that can be strengthened, a practitioner can work with the parent to identify what kind of routine would suit the family and steps the parent can take to implement a new routine.

#### How do parents access the app?

Child360 can be downloaded from the Apple App Store or Google Play. You can also find links to download the app on the Emerging Minds website.





#### With thanks to ...

The involvement of our Child and Family Partners was an integral part of the development of the Child360 app and their time, energy, and wisdom is greatly appreciated. We are also grateful for the valuable feedback provided by the Emerging Minds' staff who participated in a review of the app.

Delivery partners:



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Visit our web hub today!





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PBL BULLETIN

# Lansvale East Public School

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## Katelyn 5/6E



In Term 1 several LEPS students submitted entries into the Koori Kids ANZAC competition. For K-2 students it was a colouring competion and for Yr3-6 it was an 'Inspriational Poster' competition. The competition received over 63,000 entries and today we received notiofication that Katelyn was selected as a winner!!!!!!!

She has received this impressive medal for her achievments.

Well done Katelyn!!!!



Ms Edwards 4/8/21

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The School uniform Shop is available from the front office.

The shop is open Monday - Friday 9:00am - 3:00pm.

| Uniform            | PRICE |
|--------------------|-------|
| Polo shirt (Short) | \$25  |
| Polo shirt (Long)  | \$30  |
| Short (Males)      | \$15  |
| Skort (Female)     | \$15  |
| Jacket             | \$25  |
| Cap (Sky blue)     | \$15  |
| Hat (Navy blue)    | \$15  |
| Dress              | \$45  |
| Sport Uniform      | \$35  |
| Sport short        | \$10  |
| Sport shirt        | \$25  |
| Track Suit         | \$70  |
| Track Suit Jacket  | \$40  |
| Track Suit Pants   | \$30  |
| School Bag         | \$35  |
| Library Bag        | \$15  |
| Excursion Bag      | \$15  |

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